CROTTY JOHN T Form 4

May 04, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 33

OMB Number: 3235-0287

Expires: January 31, 2005

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OMB APPROVAL

Estimated average burden hours per response...

Check this box if no longer subject to Section 16. Form 4 or Form 5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

obligations

may continue.

(Print or Type Responses)

CROTTY JOHN T Symbol			Issuer Name and Ticker or Trading bol ZENS & MINOR INC/VA/ [OMI]				5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First) (M				V A	[OMI]	(Cho	eck all applicabl	e)
(Last)	(Pilst) (W	(Month/D	Earliest Tra ay/Year)	ansaction			_X_ Director	109	% Owner
9120 LOCK	WOOD BLVD.	04/30/20	•				Officer (gives)	ve titleOth	er (specify
	(Street)	4. If Amer	ndment, Da	te Original			6. Individual or	Joint/Group Fili	ng(Check
		Filed(Mon	th/Day/Year)	•			Applicable Line) _X_ Form filed by	ZOne Reporting P	erson
MECHANIC	CSVILLE, VA 23	116					•	More than One R	
(City)	(State) (2	Zip) Table	e I - Non-D	erivative S	Securi	ties Ac	quired, Disposed	of, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securi onAcquirec Disposec (Instr. 3,	I (A) of (D) 4 and (A) or))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock (1)	04/30/2010		A	2,544	A	\$0	55,537 (2)	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)		4. Transacti	5.	6. Date Exerc Expiration Da		7. Title and Amount of	8. Price of Derivative	9. Nu Deriv
Security (Instr. 3)	or Exercise Price of Derivative Security	(i.i.dia. Dayi Teal)	any (Month/Day/Year)	Code (Instr. 8)	of	(Month/Day/) e		Underlying Securities (Instr. 3 and 4	Security (Instr. 5)	Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title Amour or Numbe of Shares	er	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
CROTTY JOHN T 9120 LOCKWOOD BLVD. MECHANICSVILLE, VA 23116	X						

Signatures

John T. Crotty by Rosemarie W. France POA 05/04/2010

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock with one year vesting date.
- (2) On 3/31/2010, the common stock of Owens & Minor, Inc. split 3-for-2, resulting in the reporting person's ownership of 17,664 additional shares of common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
APPADOO RAPH				
1001 FLEET STREET			President	
BALTIMORE, MD 21202				

Reporting Owners 2

Signatures

Raph Appadoo 05/10/2006

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) All shares are nonvested & Forfeiteable. The shares will be 100% vested on 4/30/07.
- (2) Represents total common stock and corrects prior error.
- (3) Options are fully vested and exercisable.
- (4) 100% fully vested and exercisable on 4/30/07.
- (5) Various see previous footnotes.

Remarks:

Form 4A filed to correct prior filing for purchase transaction which was not executed.

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