

GERMAN MICHAEL I  
Form 5  
January 26, 2005

**FORM 5**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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Form 3 Holdings Reported Form 4 Transactions Reported

**ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person \*  
GERMAN MICHAEL I

(Last) (First) (Middle)

CONNECTICUT NATURAL GAS CORPORATION, 10 STATE HOUSE SQUARE, 6TH FLOOR

(Street)

HARTFORD, CT 06144-1500

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
ENERGY EAST CORP [EAS]

3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)  
01/24/2005

4. If Amendment, Date Original Filed (Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director  10% Owner  
 Officer (give title below)  Other (specify below)  
President - Subsidiary

6. Individual or Joint/Group Reporting

(check applicable line)

Form Filed by One Reporting Person  
 Form Filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	^	^	^	^ ^ ^ ^	46,040.4897 (1)	D	^
Common Stock	^	^	^	^ ^ ^ ^	1,389.816 (2)	I	By 401(k) Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
					(A) (D)	Date Exercisable Expiration Date	Title Amount Number Shares
Employee Stock Option (right to buy) / SAR <sup>(3)</sup>	\$ 28.7188	Â	Â	Â	Â Â	06/07/1999 05/21/2007	Common Stock 10,91
Employee Stock Option (right to buy) / SAR <sup>(3)</sup>	\$ 26.7188	Â	Â	Â	Â Â	02/19/1999 <sup>(4)</sup> 02/19/2009	Common Stock 100,00
Employee Stock Option (right to buy) / SAR <sup>(3)</sup>	\$ 23.0625	Â	Â	Â	Â Â	02/11/2000 <sup>(5)</sup> 02/11/2010	Common Stock 100,00
Employee Stock Option (right to buy) / SAR <sup>(3)</sup>	\$ 18.55	Â	Â	Â	Â Â	02/01/2001 <sup>(6)</sup> 02/01/2011	Common Stock 80,00
Employee Stock Option (right to buy) / SAR <sup>(3)</sup>	\$ 19.62	Â	Â	Â	Â Â	02/08/2002 <sup>(7)</sup> 02/08/2012	Common Stock 70,00
Employee Stock Option	\$ 19.1	Â	Â	Â	Â Â	02/12/2003 <sup>(8)</sup> 02/12/2013	Common Stock 20,00



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(8) The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on February 12, 2003; (b) in aggregate as to no more than 66 2/3% on January 1, 2004; and (c) on January 1, 2005 as to 100% of all options which have not been previously exercised.

(9) The option is exercisable in three installments regarding the original number of options granted as follows: (a) in aggregate as to no more than 33 1/3% on February 12, 2004; (b) in aggregate as to no more than 66 2/3% on January 1, 2005; and (c) on January 1, 2006 as to 100% of all options which have not been previously exercised.

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