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UPDIKE LAWRENCE A

Form 4

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November 04, 2002
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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

- [] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.
- Name and Address of Reporting Person(s)
 Updike, Lawrence A.
 39 Forest Acres Dr

Ithaca, NY 14850

2. Issuer Name and Ticker or Trading Symbol

Tompkins Trustco, Inc. (TMP)

- 3. I.R.S. Identification Number of Reporting Person, if an entity (Voluntary)
- 4. Statement for Month/Day/Year

11/01/2002

- 5. If Amendment, Date of Original (Month/Day/Year)
- 6. Relationship of Reporting Person(s) to Issuer (Check all applicable)

[] Director

[] 10% Owner

[X] Officer (give title below) [] Other (specify below)

Senior Vice President

Operations Officer

- 7. Individual or Joint/Group Filing (Check Applicable Line)
 - $\ensuremath{[{\tt X}]}$ Form filed by One Reporting Person
 - $[\]$ Form filed by More than One Reporting Person

Table I	Non-Derivative	Securities	Acquired,	Disposed	of,	or	Beneficially O	wned
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1) Title of Security

2) Trans- 3. Trans- 4. Securities Acquired(A) action action or Disposed of (D)

Date Code A

(Month/ or

Day/Year) Code V Amount D Price

Common Stock - 401K/ESOP Common Stock - 401K/ESOP

Table II (PART 1) Derivative Securities Acquired, Disposed of, or Beneficially Owned (Columns 1

1)Title of Derivative Security	2) Conversion or Exercise Price of Derivative	3)Trans- action Date	4)Trans- action Code	5) Number of Deri Securities Acqui or Disposed of (red (A)
	Security		Code V	A	D

Incentive Stock Option (right \$20.9091

to buy)

Incentive Stock Option (right \$23.6587

to buy)

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Incentive Stock Option (right \$26.6250 to buy)
Incentive Stock Option (right \$19.2667 to buy)
Incentive Stock Option (right \$42.9000 09/30/02 A V 5,000 to buy)
Non-Qualified Stock Option \$15.5647 (right to buy)

Table II (PART 2) Derivative Securities Acquired, Disposed of, or Beneficially Owned (Columns 1

1)Title of Derivative Security	3)Trans- action Date	of Underlying	Amount or Number of Shares	8)Price of Deri- vative Security
<pre>Incentive Stock Option (right to buy)</pre>		Common Stock	1,980	
Incentive Stock Option (right to buy)		Common Stock	3 , 750	
Incentive Stock Option (right to buy)		Common Stock	3,500	
Incentive Stock Option (right to buy)		Common Stock	6,000	
Incentive Stock Option (right to buy)	09/30/02	Common Stock	5,000	
Non-Qualified Stock Option (right to buy)		Common Stock	2,722	

SIGNATURE OF REPORTING PERSON /s/ Updike, Lawrence A. DATE 11/04/02