

EMCOR GROUP INC
Form 4
July 31, 2006

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
CAMMAKER SHELDON I

(Last) (First) (Middle)
301 MERRITT SEVEN

(Street)

NORWALK, CT 06851

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
EMCOR GROUP INC [EME]

3. Date of Earliest Transaction
(Month/Day/Year)
07/28/2006

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
EVP, Gen Counsel & Secretary

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
____ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount or Price		
Common Stock	07/28/2006		M		20,000 A \$ 8.095	49,762	D
Common Stock	07/28/2006		S		1,300 D \$ 50	48,462	D
Common Stock	07/28/2006		S		100 D \$ 50.01	48,362	D
Common Stock	07/28/2006		S		600 D \$ 50.1	47,762	D
Common Stock	07/28/2006		S		100 D \$ 50.11	47,662	D

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Common Stock	07/28/2006	S	1,300	D	\$ 50.12	46,362	D
Common Stock	07/28/2006	S	300	D	\$ 50.13	46,062	D
Common Stock	07/28/2006	S	1,300	D	\$ 50.15	44,762	D
Common Stock	07/28/2006	S	700	D	\$ 50.27	44,062	D
Common Stock	07/28/2006	S	100	D	\$ 50.38	43,962	D
Common Stock	07/28/2006	S	100	D	\$ 50.39	43,862	D
Common Stock	07/28/2006	S	100	D	\$ 50.44	43,762	D
Common Stock	07/28/2006	S	100	D	\$ 50.45	43,662	D
Common Stock	07/28/2006	S	600	D	\$ 50.46	43,062	D
Common Stock	07/28/2006	S	500	D	\$ 50.47	42,562	D
Common Stock	07/28/2006	S	600	D	\$ 50.48	41,962	D
Common Stock	07/28/2006	S	300	D	\$ 50.49	41,662	D
Common Stock	07/28/2006	S	2,500	D	\$ 50.5	39,162	D
Common Stock	07/28/2006	S	100	D	\$ 50.51	39,062	D
Common Stock	07/28/2006	S	700	D	\$ 50.52	38,362	D
Common Stock	07/28/2006	S	100	D	\$ 50.53	38,262	D
Common Stock	07/28/2006	S	600	D	\$ 50.55	37,662	D
Common Stock	07/28/2006	S	300	D	\$ 50.56	37,362	D
Common Stock	07/28/2006	S	1,900	D	\$ 50.57	35,462	D
Common Stock	07/28/2006	S	200	D	\$ 50.58	35,262	D
	07/28/2006	S	400	D		34,862	D

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Common Stock					\$				50.59
Common Stock	07/28/2006		S	700	D	\$ 50.6	34,162		D
Common Stock	07/28/2006		S	200	D	\$ 50.61	33,962		D
Common Stock	07/28/2006		S	200 ⁽¹⁾	D	\$ 50.62	33,762 ⁽²⁾		D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy) ⁽³⁾	\$ 8.095	07/28/2006		M	20,000	01/04/2000	01/03/2009	Common Stock	20,000

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
CAMMAKER SHELDON I 301 MERRITT SEVEN NORWALK, CT 06851			EVP, Gen Counsel & Secretary	

Signatures

Sheldon I.
Cammaker 07/31/2006

__Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Transactions are continued on a separate Form 4 filed contemporaneously herewith.
- (2) Includes shares issuable in respect of restricted stock units.
- (3) Derivative security is an employee stock option.

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