

BERSHAD STEPHEN W
Form 4
November 13, 2009

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
BERSHAD STEPHEN W

2. Issuer Name and Ticker or Trading Symbol
EMCOR GROUP INC [EME]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
66 ARROYO HONDO TRAIL
(Street)

3. Date of Earliest Transaction (Month/Day/Year)
11/11/2009

Director 10% Owner
 Officer (give title below) Other (specify below)

SANTA FE, NM 87508

4. If Amendment, Date Original Filed (Month/Day/Year)

6. Individual or Joint/Group Filing (Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V Amount (D) Price			
Common Stock	11/11/2009		M		21,168 A \$ 11.23	81,268	D	
Common Stock	11/11/2009		M		12,000 A \$ 6.78	93,268	D	
Common Stock	11/11/2009		S		100 D \$ 25.64	93,168	D	
Common Stock	11/11/2009		S		100 D \$ 25.63	93,068	D	
Common Stock	11/11/2009		S		100 D \$ 25.62	92,968	D	
Common Stock	11/11/2009		S		100 D \$ 25.61	92,868	D	

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Common Stock							
Common Stock	11/11/2009	S	100	D	\$ 25.6	92,768	D
Common Stock	11/11/2009	S	300	D	\$ 25.59	92,468	D
Common Stock	11/11/2009	S	1,700	D	\$ 25.58	90,768	D
Common Stock	11/11/2009	S	2,400	D	\$ 25.57	88,368	D
Common Stock	11/11/2009	S	2,000	D	\$ 25.56	86,368	D
Common Stock	11/11/2009	S	2,700	D	\$ 27.55	83,668	D
Common Stock	11/11/2009	S	3,800	D	\$ 25.54	79,868	D
Common Stock	11/11/2009	S	800	D	\$ 25.53	79,068	D
Common Stock	11/11/2009	S	3,600	D	\$ 25.52	75,468	D
Common Stock	11/11/2009	S	2,800	D	\$ 25.51	72,668	D
Common Stock	11/11/2009	S	800	D	\$ 25.5	71,868	D
Common Stock	11/11/2009	S	1,700	D	\$ 25.49	70,168	D
Common Stock	11/11/2009	S	3,100	D	\$ 25.48	67,068	D
Common Stock	11/11/2009	S	1,200	D	\$ 25.47	65,868	D
Common Stock	11/11/2009	S	1,000	D	\$ 25.46	64,868	D
Common Stock	11/11/2009	S	2,500	D	\$ 25.45	62,368	D
Common Stock	11/11/2009	S	1,968	D	\$ 25.44	60,400	D
Common Stock	11/11/2009	S	300	D	\$ 25.43	60,100	D
Common Stock	11/12/2009	S	10,000	D	\$ 25.3245	50,100	D
	11/12/2009	S	10,000	D		40,100	D

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Common Stock					\$			
					25.3679			
Common Stock	11/12/2009		S	10,000	D	\$	30,100	D
						25.3752		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)		
						Date Exercisable	Expiration Date	Title	Ar or Nu of
Non-Employee Stock Options (right to buy)	\$ 6.78	11/11/2009		M	12,000	07/27/2000	07/26/2010	Common Stock	12
Non-Employee Stock Options (right to buy)	\$ 11.2325	11/11/2009		M	21,168	<u>(1)</u>	01/02/2010	Common Stock	2

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
BERSHAD STEPHEN W 66 ARROYO HONDO TRAIL SANTA FE, NM 87508				X

Signatures

Sheldon I. Cammaker,
Attorney-in-Fact

11/13/2009

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) 25% exercisable on 1/3/05; 25% exercisable on 4/1/05; 25% exercisable on 7/1/05; and 25% exercisable on 10/1/05.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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