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SANDERS CARL E Form 4 March 24, 2003

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

 $|_|$ Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

(Print of Type Responses)

1. Name and Address of	Reporting Person*	
Sanders	Carl	Ε.
(Last)	(First)	(Middle)
600 Peachtree St., NE		
	(Street)	
Atlanta	GA	30308
(City)	(State)	(Zip)
2. Issuer Name and Tic	ker or Trading Symbol	
Matria Healthcare,	Inc. (MATR)	
3. I.R.S. Identification	on Number of Reporting Pers	son, if an entity (voluntary
4. Statement for Month	/Day/Year	
3-20-03		
5. If Amendment, Date	of Original (Month/Day/Year	c)

^{6.} Relationship of Reporting Person(s) to Issuer (Check all applicable)

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	X Director _ 10% Owner _ Officer (give title below) _ Other (specify below)										
7.	Individ	dual or J	oint/Gro	oup Filing	(Check Ap	pplica	able line)			
				Reporting than One		g Per:	son				
====	7	Γable I -	- Non-De	rivative S or Benefi	ecurities cially Ow	s Acqu wned	uired, Di	spos	ed of,		
				Trans-	Executio	on	Code	ion	4. Securities Acc Disposed of (I))	A) or
1. Title	e of Sec	curity		action Date	any					(A) or	
(Ins	tr. 3) 			(mm/dd/yy) 	(mm/dd/y	/Y)	Code 	V 	Amount 	(D) 	Price
Commo	on Stocł	 ς 		3-20-03			P		2,400	D	\$9.70
				.=======		:		====	=======================================		.========
	4 (cont e II	Derivati		ities Acqu ls, warran					ficially Owned ecurities)		
====				:======						==	
1. Titl	e of	2. Conversion or Exercise Price of Deriv-	3. Trans- action	3A. Deemed Execut- ion Date if	4. Trans- action Code (Instr.	Der: Secu Acqu or I of (I	ber of ivative urities uired (A) Disposed D) str. 3,	Ex Ex	te ercisable and piration Date onth/Day/Year)	of Und Securi (Instr	and Amount lerlying ties . 3 and 4) Amount or

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Derivative ative Date any 8) 4 and 5) Date Expira-

Security (Instr. 3)		(mm/dd/ yy)	•		(D)		tion Date	Title	of Shares
Option (right to buy)	\$21.50			 		12-15-98	12-15-07	Common Stock	1,250
"	\$21.00			 			2-24-08		5,000
"	\$18.24					5-18-99	5-18-08		
"	\$24.00			 			7-23-09	"	2 , 500
"	\$18.00			 		5-18-01	5-18-10		2,500
"	\$15.85					5-24-02	5-24-11		3 , 750
"	\$ 8.49			 			9-26-12	"	3 , 750

Explanation of Responses:

(a) Granted 9/26/02 under Issuer's Non-employee Director Stock Option Plan and vesting in twelve monthly installments after date of grant.

/s/ Roberta L. McCaw (Attorney in Fact) 3-24-03

**Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction $4\,\mbox{(b)}\,\mbox{(v)}\,.$
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations.

See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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