Edgar Filing: BERNSTEIN HOWARD - Form 4

BERNSTEIN	HOWARD										
Form 4											
June 10, 2005	5										
FORM	4								PPROVAL		
	UNITED 5	TATES SECUE Was	RITIES A Shington,			NGE	COMMISSION	OMB Number:	3235-0287		
Check this box if no longer								Expires:	January 31, 2005		
subject to	STATEM	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF									
Section 16	ó .	SECURITIES									
Form 4 or											
Form 5 obligation		uant to Section 1									
may contin) of the Public U	•	•	- ·			n			
<i>See</i> Instruction 1(b).		30(h) of the In	vestment	Compan	y Act	t of 19	40				
(Print or Type R	esponses)										
1. Name and Ac BERNSTEIN	r Name and			-	5. Relationship of Reporting Person(s) to Issuer						
		TIME HOAN CORP [LCUT]				(Chec	ck all applicable	e)			
(Last)	(First) (M	iddle) 3. Date of	3. Date of Earliest Transaction								
		(Month/E	Day/Year)				_X_ Director		% Owner		
C/O ONE MERRICK AVENUE 0			005				Delow Officer (give titleOther (specify below)				
(Street) 4. If			. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check				
	nth/Day/Year)	1			Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting						
WESTBURY	Y, NY 11590						Person		epotting		
(City)	(State) (Z	Zip) Tabl	e I - Non-D	erivative S	Securi	ities Ac	quired, Disposed o	f, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	urity (Month/Day/Year) Execution Date, if Transact					SecuritiesIBeneficially(OwnedI	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)				
2			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				
Common Stock	06/08/2005		А	590	А	<u>(1)</u>	5,590	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transac Code (Instr. 8	5. ctionNumber of 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		tive ties red sed 3,			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	V ((A) (I	D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address		Relationships			
	Director	10% Owner	Officer	Other	
BERNSTEIN HOWARD C/O ONE MERRICK AVENUE WESTBURY, NY 11590	X				
Signatures					
Howard 06/ Bernstein	08/2005				
<u>**</u> Signature of Reporting Person	Date				

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Common Stock given to director by the Company as part of director compensation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number. "> 02/09/201302/09/2017 Common Stock 32,512 32,512 D Option (Right to Buy) (2) \$ 10.87 02/10/201402/10/2018 Common Stock 38,250 38,250 D Deferred Stock (2) (3) (3) (4) Common Stock 19,063 19,063 I By EDCP (3)

Reporting Owners

Reporting Owner Name / Address	Relationships							
repering o mer runner runn oo	Director	10% Owner	Officer	Other				
HYSELL ROBERT B								
4570 RIVER MANSION COURT			Pres-Flowers Foodservice Group					
DULUTH, GA 30096								

Signatures

/s/ Stephen R. Avera, 02/20/2014 Agent

**Signature of I Person Date

Reporting	

Explanation of Responses:

- If the form is filed by more than one reporting person, *see* Instruction 4(b)(v). *
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Vesting of contingent performance share units granted under the Flowers Foods, Inc. 2001 Equity and Performance Incentive Plan. (1)
- (2) Granted pursuant to the Flowers Foods, Inc. 2001 Equity and Performance Incentive Plan.
- Each Executive Deferred Compensation Plan ("EDCP") stock unit is the economic equivalent of one share of common stock. The EDCP (3)stock units become payable in common stock upon the retirement of the reporting person.

(4) None.

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