Edgar Filing: NATIONAL HEALTH INVESTORS INC - Form 4

NATIONAL HEALTH INVESTORS INC

Form 4

August 27, 2015

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

ADAMS W ANDREW			Symbol NATIONAL HEALTH INVESTORS INC [NHI]				Issuer (Check all applicable)					
	(Last)	(First)	(Middle)	3. Date of Earlie (Month/Day/Ye		tion		> > belo	C Director Officer (give title)		Owner r (specify	
222 ROBERT ROSE DRIVE				08/26/2015								
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)				App	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
	MURFREESBO	ORO, TN 3	7129						Person			
	(City)	(State)	(Zip)	Table I - N	lon-Deriva	tive Secur	rities A	Acquire	d, Disposed of, o	r Beneficiall	y Owned	
	1.Title of Security (Instr. 3)	2. Transac (Month/D	ar	A. Deemed xecution Date, if my Month/Day/Year)	3. Transactic Code (Instr. 8)	on(A) or Di (D) (Instr. 3,	ispose	d of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Common Stock - held by Spous	08/26/20)15		P	2,000	A	\$ 55.5	11,707	I	Common Stock held by Spouse	
	Common Stock By Amk, L.p.								732,784	D		
	Common Stock By Springland Ventures, L.p.								44,000	D		
	Common Stock by W. Andrew								34,140	D		

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Adams Non Exempt Trust			
Common Stock by W. Andrew Adams Exempt Trust	7,411	D	
Common Stock By Adams Family Foundation II	222,307	I	Trustee
Common Stock by EMA, L.P.	341,802	I	Trustee
Common Stock by JMA Grandchildren's Trust	12,635	I	Trustee

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pri Deriv Secui (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options (Right to Buy)	\$ 72.11					02/20/2015	02/20/2020	Common Stock	20,000	
Stock Options (Right to Buy)	\$ 61.31					02/25/2014	02/25/2019	Common Stock	15,000	

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2-25-14					
Stock Options (Right to Buy)	\$ 64.49	02/25/2013	02/25/2018	Common Stock	15,000
Stock Options (Right to Buy)	\$ 47.52	02/21/2012	02/21/2017	Common Stock	15,000
Stock Options (Right to Buy)	\$ 45.58	02/22/2011	02/22/2016	Common Stock	15,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
1 6	Director	10% Owner	Officer Other				
ADAMS W ANDREW 222 ROBERT ROSE DRIVE MURFREESBORO, TN 37129	X						

Signatures

/s/W. Andrew
Adams

**Signature of Reporting Person

O8/26/2015

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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