#### Edgar Filing: Fonstein Michael - Form 4

Fonstein Mi Form 4 September 2										
FORM	14					~				PPROVAL
	Washington, D.C. 20549							OMB Number:	3235-0287	
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). TATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940							January 31 2005 Estimated average burden hours per response 0.5			
(Print or Type)	Responses)									
1. Name and A Fonstein M	Address of Reporting P ichael	erson <u>*</u>	Symbol	Name <b>and</b> LAND BI			-	5. Relationship of Issuer (Chec	Reporting Pers	
(Last) 73 HIGH S'	· · · ·	iddle)	3. Date of (Month/D) 09/22/20	-	ansaction			X Director X Officer (give below)		6 Owner er (specify
BUFFALO		7. )		ndment, Dat th/Day/Year)	-			6. Individual or Jo Applicable Line) _X_ Form filed by 0 Form filed by M Person	One Reporting Pe	erson
(City)	(State) (	Zip)	Table	e I - Non-D	erivative	Securi	ties Acq	uired, Disposed of	f, or Beneficial	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Executio any	med n Date, if Day/Year)	3. Transactic Code (Instr. 8) Code V		ispose	d of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	09/22/2009			S <u>(1)</u>	300	D	\$ 3.92	1,305,900	D	
Common Stock	09/22/2009	2/2009		S <u>(1)</u>	300	D	\$ 3.93	1,305,600	D	
Common Stock	09/22/2009	22/2009		S <u>(1)</u>	100	D	\$ 3.88	1,305,500	D	
Common Stock	09/22/2009			S <u>(1)</u>	1,030	D	\$ 3.9	1,304,470	D	
Common Stock	09/22/2009	09/22/2009			458	D	\$ 3.87	1,304,012	D	

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Common Stock	09/22/2009	S <u>(1)</u>	912	D	\$ 3.86	1,303,100	D
Common Stock	09/22/2009	S <u>(1)</u>	700	D	\$ 3.85	1,302,400	D
Common Stock	09/22/2009	S <u>(1)</u>	1,200	D	\$ 3.84	1,301,200	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	umber Expiration Date (Month/Day/Year) erivative ecurities cquired a) or isposed (D) nstr. 3,		Underlying SecuritiesI(Instr. 3 and 4)S		8. D Se (I
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Options (Right to Buy)	\$ 8.36					04/06/2007	04/05/2017	Common Stock	37,500	
Employee Stock Options (Right to Buy)	\$4					02/04/2008	02/03/2018	Common Stock	137,250	

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Fonstein Michael							
73 HIGH STREET	Х		CEO & President				
BUFFALO, NY 14203							

# Signatures

/s/ Michael Fonstein

09/23/2009

Signature of
Reporting Person

Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 21, 2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.