

SIMMONS FIRST NATIONAL CORP  
 Form 4  
 March 06, 2006

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
**JONES TOMMIE**

2. Issuer Name and Ticker or Trading Symbol  
**SIMMONS FIRST NATIONAL CORP [SFNC]**

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)  
**SIMMONS FIRST NATIONAL CORP., 501 MAIN STREET**  
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)  
**03/02/2006**

\_\_\_\_ Director \_\_\_\_\_ 10% Owner  
 Officer (give title below) \_\_\_\_\_ Other (specify below)  
**Sr. Vice President**

**PINE BLUFF, AR 71611**

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)	
				(A) or (D)	Price			
			Code	V	Amount			
SFNC	03/02/2006		M		400	\$ 22.63	5,616	D
SFNC	03/02/2006		F		312	\$ 29	5,304	D
SFNC	03/02/2006		M		400	\$ 22.63	5,704	D
SFNC	03/02/2006		F		312	\$ 29	5,392	D
SFNC	03/02/2006		M		120	\$ 16	5,512	D
SFNC	03/02/2006		F		66	\$ 29	5,446	D
SFNC	03/02/2006		M		120	\$ 16	5,566	D

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SFNC	03/02/2006	F	66	D	\$ 29	5,500	D
SFNC	03/02/2006	M	200	A	\$ 10.56	5,700	D
SFNC	03/02/2006	F	73	D	\$ 29	5,627	D
SFNC	03/02/2006	M	200	A	\$ 10.56	5,827	D
SFNC	03/02/2006	F	72	D	\$ 29	5,755	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
					V	(A) (D)	Date Exercisable	Expiration Date		
Incentive Stock Option	\$ 22.63	03/06/1998	03/02/2006	M	400		03/06/2001	03/05/2006	Common	400
Incentive Stock Option	\$ 22.63	03/06/1998	03/02/2006	M	400		03/06/2002	03/05/2007	Common	400
Incentive Stock Option	\$ 16	03/25/1999	03/02/2006	M	120		03/25/2001	03/24/2006	Common	120
Incentive Stock Option	\$ 16	03/25/1999	03/02/2006	M	120		03/25/2002	03/24/2007	Common	120
Incentive Stock Option	\$ 16	03/25/1999		X	0		03/25/2003	03/24/2008	Common	120

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Incentive Stock Option	\$ 12.22	12/28/1999		X	0	12/28/2002	12/27/2007	Common	200	\$
Incentive Stock Option	\$ 12.22	12/28/1999		X	0	12/28/2003	12/27/2008	Common	200	\$
Incentive Stock Option	\$ 10.56	07/28/2000	03/02/2006	M	200	07/28/2003	07/28/2008	Common	200	\$
Incentive Stock Option	\$ 10.56	07/28/2000	03/02/2006	M	200	07/28/2004	07/28/2009	Common	200	\$
Incentive Stock Option	\$ 12.13	05/07/2001		X	0	05/07/2001	05/06/2011	Common	1,800	\$
Incentive Stock Option	\$ 12.13	05/07/2001		X	0	05/07/2002	05/06/2011	Common	1,800	\$
Incentive Stock Option	\$ 12.13	05/07/2001		X	0	05/07/2003	05/06/2011	Common	1,800	\$
Incentive Stock Option	\$ 12.13	05/07/2001		X	0	05/07/2004	05/06/2011	Common	1,800	\$
Incentive Stock Option	\$ 12.13	05/07/2001		X	0	05/07/2005	05/06/2011	Common	1,800	\$
Incentive Stock Option	\$ 23.78	07/26/2004		X	0	07/26/2004	07/25/2014	Common	400	\$
Incentive Stock Option	\$ 23.78	07/26/2004		X	0	07/26/2005	07/25/2014	Common	400	\$
Incentive Stock Option	\$ 23.78	07/26/2004		X	0	12/31/2005	07/25/2014	Common	400	\$
Incentive Stock Option	\$ 23.78	07/26/2004		X	0	12/31/2005	07/25/2014	Common	400	\$
Incentive Stock Option	\$ 23.78	07/26/2004		X	0	12/31/2005	07/25/2014	Common	400	\$
Incentive Stock	\$ 24.5	05/23/2005		X	0	05/23/2005	05/23/2015	Common	488	\$

