New York & Company, Inc.

Form 4 June 14, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

See Instruction

Crystal Richard P			Symbol				******	Issuer			
	New Yo	New York & Company, Inc. [NWY]					(Check all applicable)				
(Last)	(First)	(Middle)		Earliest Tr	ansaction					_	
450 W. 33R	(Month/Day/Year) 06/10/2005					X Director 10% OwnerX Officer (give title Other (specify below) below) Chairman, CEO & President					
	4. If Ame	4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check					
NEW YORK	Filed(Month/Day/Year)					Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Table	e I - Non-D	erivative S	ecurit	ties Acq	uired, Disposed o	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Execution	med on Date, if Day/Year)	3. Transaction Code (Instr. 8)	4. Securition(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock (1)	06/10/2005			M	2,300	A	\$ 0.11	75,853	D		
Common Stock (1)	06/10/2005			S	2,300	D	\$ 18.5	73,553	D		
Common Stock (1)	06/13/2005			M	20,000	A	\$ 0.11	93,553	D		
Common Stock (1)	06/13/2005			S	20,000	D	\$ 18.5	73,553	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of onDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D))	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options to Purchase Common Stock (1) (2) (3)	\$ 0.11	06/10/2005		M	2,3	00	<u>(4)</u>	11/27/2012	Common Stock	2,300
Options to purchase Common Stock	\$ 3.23						<u>(4)</u>	02/01/2014	Common Stock	157,856
Options to purchase Common Stock	\$ 3.23						<u>(4)</u>	05/14/2014	Common Stock	504,529
Options to Purchase Common Stock (1) (2) (3)	\$ 0.11	06/13/2005		M	20,0	000	<u>(4)</u>	11/27/2012	Common Stock	20,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Crystal Richard P 450 W. 33RD ST.	X		Chairman, CEO & President				

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5TH FLOOR NEW YORK, NY 10001

Signatures

Ronald W. Ristau, attorney in fact /s/ Ronald W.

Ristau

06/14/2005

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This exercise of options to purchase Common Stock and the sale of Common Stock are pursuant to the reporting person's 10b5-1 Plan which commenced on June 8, 2005 under Rule 10b5-1 under the Securities Exchange Act of 1934.

Date

- (2) Reporting person has exercised a portion of his beneficially owned Options to purchase Common Stock.
- (3) The options exercised on June 10, 2005 and June 13, 2005 are from the stock option grant to the reporting person on November 27, 2002.
- (4) The options to purchase common stock are currently exercisable.

Remarks:

Except as outlined above, the filing of this Form shall not be deemed an admission that the reporting person is the beneficial o Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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