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Form 4	COTECH LTD											
November 2	ЛЛ									PPROVAL		
	UNITED	UNITED STATES SECURITIES AND EXCHANGE COMM Washington, D.C. 20549							N OMB Number:	3235-0287		
Check t if no lor subject Section Form 4	to STATEN 16.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP O SECURITIES							Estimated burden hou	Expires: January 31, 2005 Estimated average burden hours per response 0.5		
Form 5 obligati may con <i>See</i> Inst 1(b).	ons ntinue. Section 17(Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type	Responses)											
MANOCK RUSSELL Symbol							5. Relationship of Reporting Person(s) to Issuer					
(Last)	(First) (Middle)	ALPHA PRO TECH LTD [APT] 3. Date of Earliest Transaction				(Ch	(Check all applicable)				
				th/Day/Year)X_ Directo				ve title 10% Owner Other (specify below)				
	(Street)	Etreet) 4. If Amendment, Date Original Filed(Month/Day/Year)						 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 				
MARKHA	M, A6 L3R 9R2							Form filed by Person	More than One R	eporting		
(City)	(State)	(Zip)	Tab	le I - Non-l	Derivative	Securi	ities A	cquired, Disposed	of, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	Security (Month/Day/Year) Execution Date, if		3. Transactio Code (Instr. 8)	TransactionAcquired (A) or Code Disposed of (D))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code V	Amount		Price	(Instr. 3 and 4)				
Reminder: Re	port on a separate line	e for each cla	ass of sec	urities bene	Perso	ons wh	io res	r indirectly. pond to the colle ained in this forr		SEC 1474 (9-02)		

required to respond to the collection of SEC 14 information contained in this form are not (9required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	of Underlying
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	Securities

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			(Instr. 3 and	4)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
options	\$ 1.58	11/18/2015		А	10,000	11/18/2017	11/18/2020	common stock	10,000
options	\$ 1.58	11/18/2015		А	10,000	11/18/2017	11/18/2020	common stock	10,000
options	\$ 1.58	11/18/2015		А	10,000	11/18/2018	11/18/2020	common stock	10,000

Reporting Owners

Reporting Ow	Relationships					
informing of the	Director	10% Owner	Officer	Other		
MANOCK RUSS 60 CENTURIAN MARKHAM, A6 Signatures	DRIVE SUITE # 112 L3R 9R2	Х				
Russ Manock	11/20/2015					
**Signature of Reporting Person	Date					

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.