

HORNBECK TODD M
Form 4
August 12, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
HORNBECK TODD M

2. Issuer Name and Ticker or Trading Symbol
HORNBECK OFFSHORE SERVICES INC /LA [HOS]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
103 NORTH PARK
BOULEVARD, SUITE 300

3. Date of Earliest Transaction (Month/Day/Year)
08/10/2005

Director 10% Owner
 Officer (give title below) Other (specify below)
Chairman, Pres., CEO, Sec.

(Street)
COVINGTON, LA 70433

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)		
				Code	V	Amount				(A) or (D)	Price
Common Stock	08/10/2005		M			3,000	A	\$ 4.63	499,824	D	
Common Stock	08/10/2005		M			10,000	A	\$ 5.1	509,824	D	
Common Stock	08/10/2005		M			32,900	A	\$ 6.625	542,724	D	
Common Stock	08/10/2005		S			300	D	\$ 33.42	542,424	D	
Common Stock	08/10/2005		S			2,400	D	\$ 33.36	540,024	D	

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Common Stock	08/10/2005	S	300	D	\$ 33.39	539,724	D	
Common Stock	08/10/2005	S	8,500	D	\$ 33.45	531,224	D	
Common Stock	08/10/2005	S	30,700	D	\$ 33.5	500,524	D	
Common Stock	08/10/2005	S	800	D	\$ 33.51	499,724	D	
Common Stock	08/10/2005	S	2,900	D	\$ 33.7	496,824	D	
Common Stock						60,000	I	By family trusts ⁽¹⁾

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 4.63	08/10/2005		M	3,000	02/25/1999 ⁽²⁾	02/25/2009	Common Stock	3,000
Stock Option (Right to Buy)	\$ 5.1	08/10/2005		M	10,000	03/01/2000 ⁽³⁾	03/01/2010	Common Stock	10,000
Stock Option (Right to Buy)	\$ 6.63	08/10/2005		M	32,900	03/09/2001 ⁽⁴⁾	03/09/2011	Common Stock	32,900

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
HORNBECK TODD M 103 NORTHPARK BOULEVARD SUITE 300 COVINGTON, LA 70433	X		Chairman, Pres., CEO, Sec.	

Signatures

/s/ Timothy McCarthy, poa for Todd M.
Hornbeck

08/12/2005

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
 - ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents shares beneficially owned by Reporting Person through various family trusts.
 - (2) The option provides for vesting in three equal annual installments commencing on 02/25/1999.
 - (3) The option provides for vesting in three equal annual installments commencing on 03/01/2000.
 - (4) The option provides for vesting in five equal annual installments commencing on 03/09/2001.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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