CABOT OIL & GAS CORP

Form 4 May 22, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

5 Relationship of Reporting Person(s) to

3235-0287

Check this box if no longer

January 31, Expires: 2005

OMB APPROVAL

subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Estimated average burden hours per response... 0.5

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1 Name and Address of Reporting Person *

CARMICHAEL DAVID M Sym			ner Name and Ticker or Trading OT OIL & GAS CORP [COG]	Issuer			
<i>(</i> 7)	Œ' · ›			(Check all applicable)			
(Last)	(First) (N		of Earliest Transaction	X Director 10% Owner			
1200 ENCL	AVE PARKWA		/Day/Year) /2007	_X_ Director 10% Owner Officer (give title below) Other (specify below)			
	(Street)	4. If An	nendment, Date Original	6. Individual or Joint/Group Filing(Check			
		Filed(M	(onth/Day/Year)	Applicable Line)			
HOUSTON	, TX 77077			_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip) Ta	ble I - Non-Derivative Securities A	cquired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year	Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price	Ownership Indirect Beneficially Form: Direct Beneficial Owned (D) or Ownership Following Indirect (I) (Instr. 4) Reported (Instr. 4) Transaction(s) (Instr. 3 and 4)			
Common Stock	05/18/2007		M 10,000 A \$ 38.4	18,442 <u>(1)</u> D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	Derivative Conversion (Month Security or Exercise		Transaction Date 3A. Deemed Month/Day/Year) Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactionDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4,		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount o Underlying Securities (Instr. 3 and 4)		
				Code V	and 5		Date Exercisable	Expiration Date	Title	Amount or Number of Share
Stock Option (right to	\$ 23.8 (2)	05/18/2007		M		10,000 (2)	02/23/2007(4)	02/23/2011	Common	10,000

Reporting Owners

Reporting Owner Name / Address	Relationships					
1	Director	10% Owner	Officer	Other		
CARMICHAEL DAVID M 1200 ENCLAVE PARKWAY HOUSTON, TX 77077	X					

Signatures

buy)

Lisa A. Machesney, Attoryney-in-Fact for David M. Carmichael

05/22/2007

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On March 30, 2007, the common stock of Cabot Oil & Gas Corporation split 2-for-1, resulting in the reporting person's acquisition of 4,221 additional shares of common stock.
- (2) This option was previously reported as covering 15,000 shares at an exercise price of \$47.575, but was adjusted to reflect the 2-for-1 stock split on March 30, 2007.
- (3) On March 30, 2007, the common stock of Cabot Oil & Gas Corporation split 2-for-1, resulting in the reporting person's acquisition of 15,000 additional shares of common stock.
- (4) 33 1/3% of option became exercisable on February 23, 2007 and an additional 33 1/3% becomes exercisable on each of the next two one-year anniversaries of such date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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