SECURITIES AND EXCHANGE COMMISSION

V -	Washington, D.C. 20549	
	FORM 8-K	
	CURRENT REPORT	
Pursuant to Section 13 o	or 15(d) of the Securities Ex	xchange Act of 1934
Date of Report (I	Date of earliest event reported): A	April 6, 2004
	Diets.com, Inc.	
(Exact Na	me of Registrant as Specified in Char	rter)
(State o	Delaware or Other Jurisdiction of Incorporation	n)
000-30559 (Commission File Number)		56-0952883 (IRS Employer Identification No.)

3801 W. Hillsboro Blvd.

Deerfield Beach, Florida 33442

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(Address of Principal Executive Offices) (Zip Code)

(954) 360-9022

(Registrant s Telephone Number, Including Area Code)

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Item 12. Results of Operations and Financial Condition.

On April 6, 2004, eDiets.com, Inc. issued a press release announcing preliminary results of operations for its three months ended March 31, 2004. A copy of the press release is attached as Exhibit 99 to this report. This information is not deemed to be filed for the purposes of Section 18 of the Securities Exchange Act of 1934 and is not incorporated by reference into any Securities Act of 1933 registration statements.

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SIGNATURES

Pursuant to the requirement of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

eDiets.com, Inc.

By: /s/ Robert T. Hamilton

Robert T. Hamilton Chief Financial Officer

Date: April 6, 2004

EXHIBIT INDEX

Exhibit		
Number	Exhibit Title	
99	Press Release dated April 6, 2004.	

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