

Unum Group  
Form 8-K  
March 10, 2009

**UNITED STATES**  
**SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934**

Date of Report (Date of earliest event reported): March 10, 2009

**UNUM GROUP**

(Exact name of registrant as specified in its charter)

**Delaware**  
(State or other jurisdiction  
of incorporation)

**001-11294**  
(Commission  
File Number)  
**1 Fountain Square**

**62-1598430**  
(IRS Employer  
Identification No.)

**Chattanooga, Tennessee 37402**

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(Address of principal executive offices)(Zip Code)

(423) 294-1011

(Registrant's telephone number, including area code)

**Not Applicable**

(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- .. Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- .. Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- .. Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- .. Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

**Item 7.01 Regulation FD Disclosure.**

On March 10, 2009, Unum Group ( "Unum Group" or the "Company" ), a Delaware corporation, issued a press release announcing its intention to reaffirm the Company's full-year 2009 operating earnings and its guidance for year-end 2009 capital management targets.

In accordance with General Instruction B.2 of Form 8-K, the information included or incorporated in this Item 7.01, including Exhibit 99.1, shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, nor shall such information and exhibits be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, except as shall be expressly set forth by specific reference in such a filing.

**Item 9.01 Financial Statements and Exhibits.**

- (d) Exhibits. The following exhibit is filed or furnished with this Report:  
99.1 Press release of Unum Group dated March 10, 2009, reaffirming 2009 guidance.

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**Unum Group**

(Registrant)

Date: March 10, 2009

By: /s/ Susan N. Roth  
Name: Susan N. Roth

Title: Vice President, Transactions, SEC

and Corporate Secretary

**INDEX TO EXHIBITS**

**EXHIBIT**

99.1 Press release of Unum Group dated March 10, 2009, reaffirming 2009 guidance.