## SINGLETON JOHN KNOX

Form 4

Common

Common

Stock

Stock

December 15, 2005

December 15	5, 2005									
<b>FORM</b>	I 4							3 APPROVAL		
Washington, D.C. 20549								3235-0287		
Check thi					Expires:	January 31,				
if no long subject to Section 1 Form 4 or	6. r	STATEMENT OF CHANGES IN BENEFICIAL OWNER SECURITIES					Estimate	ed average hours per		
obligation may cont	Form 5 obligations may continue.  See Instruction  Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									
(Print or Type R	Responses)									
1. Name and Address of Reporting Person * SINGLETON JOHN KNOX			. Issuer Name <b>and</b> T mbol EALTHCARE R	_	5. Relationship of Reporting Person(s) to Issuer					
			C [HR]	ROSI	(Check all applicable)					
(Last) (First) (Middle)			Date of Earliest Tran onth/Day/Year)		_X_ Director 10% Owner Officer (give title Other (specify					
C/O HEALTHCARE REALTY 12/12/2005  TRUST INCORPORATED, 3310  WEST END AVENUE, SUITE 700										
	(Street)		If Amendment, Date ed(Month/Day/Year)		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
NASHVILL	E, TN 37203					Form filed by Person	More than On	e Reporting		
(City)	(State)	(Zip)	Table I - Non-Der	rivative Secu	rities A	equired, Disposed	of, or Benefi	cially Owned		
	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Datany (Month/Day/Y	e, if Transaction(A Code (In	Securities Acc.) or Disposed astr. 3, 4 and 5	of (D)	Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	12/12/2005		Code V Ar	` '	Price \$ 34.21		I	IRA		
Common Stock					J <del>1</del> , 41	4,310.035	D			

Living Trust

Trustee for

Adel Road

Management

10,460.2174 I

I

2,266.8009

Common Stock

9,821.0138 Ι Spouse

(9-02)

9. Nu Deriv Secu Bene Own Follo Repo Trans (Insti

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration D (Month/Day, e	ion Date		e and int of clying ities 3 and 4)	8. Price of Derivative Security (Instr. 5)
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

## **Reporting Owners**

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

SINGLETON JOHN KNOX C/O HEALTHCARE REALTY TRUST INCORPORATED 3310 WEST END AVENUE, SUITE 700 NASHVILLE, TN 37203



## **Signatures**

/s/Rita H. Todd as power of attorney

12/15/2005

\*\*Signature of Reporting Person

Date

## **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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