

VAN KAMPEN HIGH INCOME TRUST II
 Form 4
 April 06, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 DAMMEYER RODNEY F

2. Issuer Name and Ticker or Trading Symbol
 VAN KAMPEN HIGH INCOME TRUST II [VLT]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)
 04/05/2006

Director 10% Owner
 Officer (give title below) Other (specify below)

ROD DAMMEYER, CAC, LLC, 4350 LAJOLLA VILLAGE DRIVE, SUITE 980

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

SAN DIEGO, CA 92122

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount	(A) or (D) Price			
Common Shares	04/05/2006		P		100	A \$ 4.19	54,449	D	
Common Shares	04/05/2006		P		800	A \$ 4.21	55,249	D	
Common Shares	04/05/2006		P		1,200	A \$ 4.22	56,449	D	
Common Shares	04/05/2006		P		1,700	A \$ 4.23	58,149	D	
	04/05/2006		P		1,200	A	59,349	D	

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Common Shares					\$			
					4.24			
Common Shares	04/05/2006		P	1,400	A	\$	60,749	D
					4.23			
Common Shares	04/05/2006		P	5,800	A	\$	66,549	D
					4.24			
Common Shares	04/05/2006		P	1,500	A	\$	68,049	D
					4.25			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned (Instr. 5)
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

DAMMEYER RODNEY F
 ROD DAMMEYER, CAC, LLC
 4350 LAJOLLA VILLAGE DRIVE, SUITE 980
 SAN DIEGO, CA 92122

X

Signatures

/s/ Rod
 Dammeyer

04/06/2006

**Signature of
 Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

First 5,000 shares of this purchase were for Rod Dammeyer IRA account, and the other 8,700 were for Rod Dammeyer CAC I

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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