AMERUS GROUP CO/IA

Form 4 June 26, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * PAINE ANDREW J JR			2. Issuer Name and Ticker or Trading Symbol AMERUS GROUP CO/IA [AMH]					5. Relationship of Reporting Person(s) to Issuer			
<i>a</i>	(T')						· · · · · · · · · · · · · · · · · · ·	(Check all applicable)			
(Last)	(First) (N		3. Date of Earliest Transaction					W D'	100		
699 WALNUT STREET, SUITE 2000			(Month/Day/Year) 06/22/2006					X_ Director 10% Owner Officer (give title Other (specify below)			
	(Street)	4. If	4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check			
]			Filed(Month/Day/Year)					Applicable Line)			
DES MOIN							_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								ly Owned			
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date any (Month/Day/Y	Code ear) (Instr	. 8)	(A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect Indirect Indirect Ownersh (Instr. 4) 7. Nature Beneficia Ownersh (Instr. 4)			
Common Stock	06/22/2006	06/22/2006	Code S	V	Amount 2,700	(D)	Price \$ 53.59	6,396	D		
Common Stock	06/22/2006	06/22/2006	S		125	D	\$ 53.66	6,271	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4.	5.	6. Date Exer		7. Title a		8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if		onNumber	Expiration D		Amount		Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	_	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securitie	es	(Instr. 5)	Bene
	Derivative				Securities	S		(Instr. 3	and 4)		Own
	Security				Acquired						Follo
	,				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						(IIISti
					4, and 5)						
					4, and 3)						
								A	mount		
						D.	E	01	r		
						Date Expiration Exercisable Date	Expiration	Title N			
							Date	01			
				Code V	(A) (D)				hares		

Reporting Owners

Reporting Owner Name / Address	Keiauonsinps					
	Director	10% Owner	Officer	Other		
DAINE ANDDEW I ID						

PAINE ANDREW J JR 699 WALNUT STREET SUITE 2000 DES MOINES, IA 50309

X

Signatures

/s/ Jeananne M. Celander, attorney-in-fact for Mr.
Paine

06/26/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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