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ALLEN SAM Form 4 June 28, 2006									
	Л								PPROVAL
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMIS Washington, D.C. 20549					COMMISSIO	N OMB Number:	3235-0287		
Check this box if no longer							Expires:	January 31,	
subject to Section 16 Form 4 or		F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES				Estimated burden hou	Expires: 2005 Estimated average burden hours per response 0.5		
Form 5 obligation may conti <i>See</i> Instru- 1(b).	nue. Section 17(a) of the F	Public U	Jtility Hol	ding Cor		nge Act of 1934, of 1935 or Secti 940	on	
(Print or Type R	esponses)								
1. Name and Address of Reporting Person <u>*</u> ALLEN SAMUEL E			2. Issuer Name and Ticker or Trading Symbol			5. Relationship of Reporting Person(s) to Issuer			
			ABRAMS INDUSTRIES INC [ABRI]				(Check all applicable)		
(Last) (First) (Middle) C/O CHATTEM INC, 1715 WEST			3. Date of Earliest Transaction (Month/Day/Year) 06/26/2006			X Director 10% Owner Officer (give title Other (specify below) below)			
38TH STRE	ET								
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)			 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 			
CHATTAN	DOGA, TN 3740)9					Form filed by Person	More than One R	eporting
(City)	(State)	(Zip)	Tab	ole I - Non-l	Derivative	Securities A	cquired, Disposed	of, or Beneficia	lly Owned
	2. Transaction Date (Month/Day/Year)		Date, if	3. Transactio Code (Instr. 8) Code V	Disposed (Instr. 3, 4	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Reminder: Repo	ort on a separate line	e for each cla	uss of sec	urities bene	ficially ow	ned directly of	or indirectly.		
ŗ					Perso inform requir	ns who res nation cont ed to respo bys a curre	spond to the colle ained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)
	Tab					posed of, or convertible :	Beneficially Owner securities)	1	

1. Title of
Derivative2.3. Transaction Date3A. Deemed4.5. Number6. Date Exercisable and
Expiration Date7. Title and Amou
Underlying Security1. Title of
Derivative2.3. Transaction Date4.5. Number6. Date Exercisable and
Expiration Date7. Title and Amou
Underlying Security

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Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code (Instr. 8)	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	(Month/Day/Yea	r)	(Instr. 3 and	4)
				Code V	(A) (D) Date Exercisable	Expiration Date	Title	Am or Nur of Sha
Stock Appreciation Rights	\$ 4.14	06/26/2006		А	3,600	06/26/2009 <u>(1)</u>	06/26/2016	Common Stock	3,0
Stock Appreciation Rights	\$ 4.14	06/26/2006		А	3,600	06/26/2010 <u>(1)</u>	06/26/2016	Common Stock	3,0
Stock Appreciation Rights	\$ 4.14	06/26/2006		А	4,800	06/26/2011 <u>(1)</u>	06/26/2016	Common Stock	4,8

Reporting Owners

Reporting Owner Name / Address	Relationships					
L O	Director	10% Owner	Officer	Other		
ALLEN SAMUEL E C/O CHATTEM INC 1715 WEST 38TH STREET CHATTANOOGA, TN 37409	X					
Signatures						
/s/ Carrie L. Billiam, as Attorne	ey	06/28/	2006			

in Fact
<u>**</u>Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) All stock appreciation rights shall vest and be exercisable on the tenth consecutive business day that a share of the Company's common stock has a closing price on NASDAQ at or above \$20.00 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.