

TETON ENERGY CORP  
Form 4  
March 26, 2007

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287  
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
**WOODCOCK JAMES J**

2. Issuer Name and Ticker or Trading Symbol  
**TETON ENERGY CORP [TEC]**

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)  
410 17TH ST., SUITE 1850

3. Date of Earliest Transaction (Month/Day/Year)  
03/22/2007

Director  10% Owner  
 Officer (give title below)  Other (specify below)

Chairman of the Board

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

DENVER, CO 80202

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount or Price		
Common Stock	03/22/2007		S		280 D \$ 4.6	D	205,084
Common Stock	03/22/2007		S		35 D \$ 4.69	D	205,049
Common Stock	03/22/2007		S		210 D \$ 4.62	D	204,839
Common Stock	03/22/2007		S		360 D \$ 4.65	D	204,479
Common Stock	03/22/2007		S		35 D \$ 4.58	D	204,444

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Common Stock	03/22/2007	S	95	D	\$ 4.57	204,349	D
Common Stock	03/22/2007	S	280	D	\$ 4.74	204,069	D
Common Stock	03/22/2007	S	420	D	\$ 4.73	203,649	D
Common Stock	03/22/2007	S	315	D	\$ 4.7	203,334	D
Common Stock	03/22/2007	S	35	D	\$ 4.66	203,299	D
Common Stock	03/22/2007	S	210	D	\$ 4.72	203,089	D
Common Stock	03/22/2007	S	105	D	\$ 4.78	202,984	D
Common Stock	03/22/2007	S	70	D	\$ 4.79	202,914	D
Common Stock	03/22/2007	S	245	D	\$ 4.76	202,669	D
Common Stock	03/22/2007	S	210	D	\$ 4.77	202,459	D
Common Stock	03/22/2007	S	1,645	D	\$ 4.75	200,814	D
Common Stock	03/23/2007	S	51	D	\$ 4.78	200,763	D
Common Stock	03/23/2007	S	41	D	\$ 4.77	200,722	D
Common Stock	03/23/2007	S	7	D	\$ 4.76	200,715	D
Common Stock	03/23/2007	S	144	D	\$ 4.75	200,571	D
Common Stock	03/23/2007	S	37	D	\$ 4.79	200,534	D
Common Stock	03/23/2007	S	76	D	\$ 4.8	200,458	D
Common Stock	03/23/2007	S	18	D	\$ 4.86	200,440	D
Common Stock	03/23/2007	S	23	D	\$ 4.87	200,417	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not**

SEC 1474  
(9-02)

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Owned Following Transaction (Instr. 3 and 4)
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## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
WOODCOCK JAMES J 410 17TH ST., SUITE 1850 DENVER, CO 80202	X		Chairman of the Board	

## Signatures

/s/ James J.  
Woodcock  
03/26/2007

\*\*Signature of Reporting Person                      Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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