ARC DOCUMENT SOLUTIONS, INC.

Form 4

March 19, 2014

FORM 4 ,

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Estimated average

burden hours per

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response...

Form filed by More than One Reporting

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Roy Rahul K Issuer Symbol ARC DOCUMENT SOLUTIONS. (Check all applicable) INC. [ARC] (Last) (First) (Middle) 3. Date of Earliest Transaction Director 10% Owner X_ Officer (give title Other (specify (Month/Day/Year) below) C/O ARC DOCUMENT 03/18/2014 Chief Technology Officer SOLUTIONS, INC., 1981 N. **BROADWAY, SUITE 385** (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person

WALNUT CREEK, CA 94596

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired 5. Amount of 6. Ownership 7. Nature of Form: Direct Indirect Security (Month/Day/Year) Execution Date, if Transaction(A) or Disposed of (D) Securities (Instr. 3) Code (Instr. 3, 4 and 5) Beneficially (D) or Beneficial (Month/Day/Year) (Instr. 8) Owned Indirect (I) Ownership Following (Instr. 4) (Instr. 4) Reported (A) Transaction(s) (Instr. 3 and 4) Code V Amount (D) Price Common 43,253 D Stock Common 03/18/2014 3 43,256 D M Stock Common 03/18/2014 S 3 D 43,253 Stock Common 03/18/2014 M 100 43,353 D Stock 03/18/2014 S 100 \$ 7.23 43,253 D D

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Common Stock							
Common Stock	03/18/2014	M	100	A	\$ 5.852	44,353	D
Common Stock	03/18/2014	S	100	D	\$ 7.235	43,253	D
Common Stock	03/18/2014	M	200	A	\$ 5.852	43,453	D
Common Stock	03/18/2014	S	200	D	\$ 7.24	43,253	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 5.852	03/18/2014		X	3	05/01/2010(1)	05/30/2014	Common Stock	3
Stock Option (right to buy)	\$ 5.852	03/18/2014		X	100	05/01/2010(1)	05/30/2014	Common Stock	100
Stock Option (right to buy)	\$ 5.852	03/18/2014		X	100	05/01/2010(1)	05/30/2014	Common Stock	100
	\$ 5.852	03/18/2014		X	200	05/01/2010(1)	05/30/2014		200

Stock Common Option Stock (right to

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Roy Rahul K C/O ARC DOCUMENT SOLUTIONS, INC. 1981 N. BROADWAY, SUITE 385 WALNUT CREEK, CA 94596

Chief Technology Officer

Signatures

buy)

/s/ Rahul K. Roy 03/19/2014

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exercise of Stock Option Right to Buy, granted May 30, 2004, fully vested as of 5/01/2010.

Remarks:

3/18/2014 - FORM B

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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