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CONAGRA Form 4 October 05, 2	FOODS INC /E 2016	DE/	in gr c								
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									3235-0287		
Check th if no long subject to Section 1 Form 4 o	F CHANGES IN BENEFICIAL OWN SECURITIES				LOW	NERSHIP OF	Expires: Estimated a burden hou response	ed average nours per			
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type I	Responses)										
1. Name and Address of Reporting Person <u>*</u> MARSHALL RUTH ANN			2. Issuer Name and Ticker or Trading Symbol CONAGRA FOODS INC /DE/					 Relationship of Reporting Person(s) to Issuer (Check all applicable) 			
		[CAG]									
	GRA FOODS, I IANDISE MAR		3. Date of (Month/D 10/03/2	-	ansaction			X_ Director Officer (give below)		Owner er (specify	
				. If Amendment, Date Original iled(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
		(7:0)						Person			
(City)	(State)	(Zip)					-	uired, Disposed of		-	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year) Execution any		Transactic Code (Instr. 8)		spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	10/03/2016			А	226 <u>(1)</u>	А	\$ 47.11	57,952.379 (2)	D		
Common Stock								750	Ι	Living Trust	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Under Secur	rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Director	10% Owner	Officer	~ .
		Officer	Other
Х			
	Х	x	X

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents the right to receive 226 shares based on the Reporting Person's deferral of director's fees into the stock account under the
 (1) Issuer's Directors' Deferred Compensation Plan. Shares will be issued based on the Reporting Person's deferral election, and the Reporting Person may not transfer deferred amounts out of the stock account.
- (2) Includes 303.305 shares acquired through a dividend equivalent reinvestment feature since the date of the Reporting Person's last report.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.