

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB
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(Print or Type Responses)

1. Name and Address of Reporting Person *
Pickens Raymond L

2. Issuer Name **and** Ticker or Trading Symbol
MONRO, INC. [MNRO]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction
(Month/Day/Year)
10/30/2018

_____ Director _____ 10% Owner
 ___X___ Officer (give title _____ Other (specify
 below) below)

Divisional Vice President

(Street)

4. If Amendment, Date Original
Filed(Month/Day/Year)

6. Individual or Joint/Group Filing (Check Applicable Line)
☒ Form filed by One Reporting Person
☐ Form filed by More than One Reporting Person

ROCHESTER, NY 14615

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price		
Common Stock								1,304	D
Comon Stock	10/30/2018		M		4,000	A	\$ 44.49	5,304	D
Common Stock	10/30/2018		S		4,000	D	\$ 75.0087	1,304	D
Common Stock	10/30/2018		M		3,750	A	\$ 61.41	5,054	D
Common Stock	10/30/2018		S		3,750	D	\$ 75.0087	1,304	D

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Common Stock	10/30/2018	M	2,000	A	\$ 69.3	3,304	D
Common Stock	10/30/2018	S	2,000	D	\$ 75.0087	1,304	D
Common Stock	10/30/2018	M	500	A	\$ 50.48	1,804	D
Common Stock	10/30/2018	S	500	D	\$ 75.0087	1,304	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
Options (Right to Buy)	\$ 44.49	10/30/2018		M	1,000	05/16/2014 05/16/2019	Common Stock	1,000
Options (Right to Buy)	\$ 44.49	10/30/2018		M	1,000	05/16/2015 05/16/2019	Common Stock	1,000
Options (Right to Buy)	\$ 44.49	10/30/2018		M	1,000	05/16/2016 05/16/2019	Common Stock	1,000
Options (Right to Buy)	\$ 44.49	10/30/2018		M	1,000	05/16/2017 05/16/2019	Common Stock	1,000
Options (Right to Buy)	\$ 61.41	10/30/2018		M	1,250	05/13/2016 05/13/2021	Common Stock	1,250
	\$ 61.41	10/30/2018		M	1,250	05/13/2017 05/13/2021		1,250

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Options (Right to Buy)								Common Stock		
Options (Right to Buy)	\$ 61.41	10/30/2018	M	1,250	05/13/2018	05/13/2021	Common Stock	1,250		
Options (Right to Buy)	\$ 69.3	10/30/2018	M	1,000	05/11/2017	05/11/2022	Common Stock	1,000		
Options (Right to Buy)	\$ 69.3	10/30/2018	M	1,000	05/11/2018	05/11/2022	Common Stock	1,000		
Options (Right to Buy)	\$ 50.48	10/30/2018	M	500	05/11/2018	05/11/2023	Common Stock	500		

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Pickens Raymond L 200 HOLLEDER PARKWAY ROCHESTER, NY 14615			Divisional Vice President	

Signatures

/s/ Raymond L.
Pickens 11/01/2018

__Signature of Reporting
Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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