Roemer Todd M Form 4 January 04, 2019

## FORM 4

#### OMB APPROVAL

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16. Form 4 or Expires: January 31,

Estimated average burden hours per response... 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may continue. Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(b) of the Investment Company Act of 1940

See Instruction 30(h) of the Investment Company Act of 1940

1(b).

Common

Stock

(Print or Type Responses)

			2. Issuer Name <b>and</b> Ticker or Trading Symbol CABOT OIL & GAS CORP [COG]				Č	5. Relationship of Reporting Person(s) to Issuer			
(Month			(Month/D	Oate of Earliest Transaction onth/Day/Year)				(Check all applicable)  Director 10% OwnerX_ Officer (give title Other (specify below)  Vice Pres & Controller			
	(Street)			ndment, Da nth/Day/Year	Č	ĺ		6. Individual or Jo Applicable Line) _X_ Form filed by 0	•		
HOUSTON	T, TX 77024							Form filed by N Person	More than One Re	porting	
(City)	(State)	(Zip)	Tabl	e I - Non-E	Derivative S	Securi	ities Acq	uired, Disposed of	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	) Execution any		3. Transaction Code (Instr. 8)	4. Securit on(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	01/03/2019			M	10,981	A	(1)	71,097	D		
Common Stock	01/03/2019			F	4,582	D	\$ 22.35	66,515	D		
Common										Held in	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form SEC 1474 (9-02)

I

2,568

401(k)

Plan. (2)

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# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of onDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amoun or Numbe of Shar
Performance Shares	<u>(1)</u>	01/03/2019		M	10,981	<u>(1)</u>	01/03/2019	Common	10,98

## **Reporting Owners**

Reporting Owner Name / Address	Relationships
reporting o wher runne, maness	

Director 10% Owner Officer Other

Roemer Todd M
840 GESSNER ROAD, SUITE 1400
HOUSTON, TX 77024
Vice Pres &
Controller

#### **Signatures**

Deidre L. Shearer, Attorney-in-Fact for Todd M.
Roemer 01/04/2019

\*\*Signature of Reporting Person Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations, See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Each performance share represented the right to receive up to one share of common stock, based on certain performance criteria in a three (1) year performance period which ended 12/31/2018. The Compensation Committee of the Board of Directors certified the results on 01/03/2019, which resulted in 100% of the stock being paid out.
- (2) Based on a statement dated December 31, 2018 for shares held by the reporting person under the Cabot Oil & Gas Savings Investment Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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