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Form 4											
October 03	ЛЛ								PPROVA	L	
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549						N OMB Number:	3235-	0287			
Check if no lo subject Section Form 4	to STATE N 16.								Expires: January 31 2005 Estimated average burden hours per		
Form 5 obligati may co	Filed put	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									
(Print or Type	e Responses)										
1. Name and Address of Reporting Person <u>*</u> BASIAN KAREN			2. Issuer Name and Ticker or Trading Symbol GLOWPOINT INC [GLOWE]			5. Relationship of Reporting Person(s) to Issuer					
(Last)	(First) (3. Date of Earliest Transaction				(Ch	eck all applicabl	ek all applicable)		
C/O GLOWPOINT INC, 225 LONG AVE			(Month/Day/Year) 09/29/2005				XDirector10% Owner Officer (give titleOther (specify below)below)				
(Street) 4. If Amendment, Date Or Filed(Month/Day/Year)				-	Applicable Line) _X_ Form filed by One Reporting Person						
HILLSIDE	E, NJ 07205						Form filed by Person	More than One R	eporting		
(City)	(State)	(Zip)	Tab	le I - Non-l	Derivative	Securities A	cquired, Disposed	of, or Beneficia	lly Owned	ł	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution E any (Month/Day	Date, if	3. Transactio Code (Instr. 8)	4. Securit nAcquired Disposed (Instr. 3, 4	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature Indirect Beneficia Ownershi (Instr. 4)	ıl ip	
Reminder: Ro	eport on a separate line	e for each clas	ss of secu	Code V		(D) Price	(Instr. 3 and 4) or indirectly.				
					Perso inform requir	ns who res nation cont ed to respo	spond to the colle ained in this forr ond unless the fo ntly valid OMB co	n are not orm	SEC 1474 (9-02)		

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amount of	8.
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Expiration Date	Underlying Securities	D
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)	S

number.

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)				
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 1	09/29/2005		A	1,000	09/29/2005	09/29/2015	Common Stock	1,000
Stock Option (right to buy)	\$ 1	09/29/2005		A	500	09/29/2005	09/29/2015	Common Stock	500
Stock Option (right to buy)	\$ 1	09/29/2005		А	500	09/29/2005	09/29/2015	Common Stock	500
Stock option (right to buy)	\$ 1.05	09/30/2005		А	1,000	09/30/2005	09/30/2015	Common Stock	1,000

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
BASIAN KAREN C/O GLOWPOINT INC 225 LONG AVE HILLSIDE, NJ 07205	Х					
Signatures						
/s/ Gerard E. Dorsey, Attorney-in-Fact		10/03/20	05			

<u>**</u>Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) (1) These options were issued to the reporting person as a non-employee director for attendance at a meeting of the Board of Directors.

(2) (2) These options were issued to the reporting person as a non-employee director for attendance at a meeting of the Audit Committee.

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- (3) These options were issued to the reporting person as a non-employee director for attendance at a meeting of the Compensation Committee.
- (4) (4) These options were issued to the reporting person as a non-employee director for attendance at a meeting of the Board of Directors.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.