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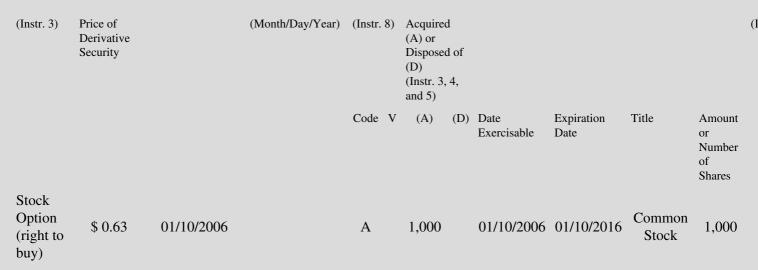
| Spanfeller James Form 4 | | | | | | | | | | |
|--|--|---|--|---|------------------|---|---|---|-------------------------|--|
| January 12, 2006 | | | | | | | | | PPROVAL | |
| Washington, D.C. 20549 | | | | | E COMMISSIO | N OMB Number: | 3235-0287 | | | |
| Check this box if no longer | | STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF | | | | | | | | |
| subject to Section 16. Form 4 or | | SECU | Estimated burden hou response | urs per | | | | | | |
| Form 5 obligations may continue. See Instructior 1(b). | Section 17(| a) of the l | Public U | tility Hol | ding Cor | | nge Act of 1934, of 1935 or Secti 1940 | | | |
| (Print or Type Respo | nses) | | | | | | | | | |
| 1. Name and Address of Reporting Person <u>*</u> Spanfeller James | | | 2. Issuer Name and Ticker or Trading Symbol GLOWPOINT INC [GLOW.PK] | | | | 5. Relationship of Reporting Person(s) to Issuer | | | |
| (Last) | (First) (Middle) 3. Date of Earliest Transaction | | | | (Ch | eck all applicabl | e) | | | |
| C/O GLOWPOI LONG AVENU | | 25 | (Month/) 01/10/2 | Day/Year) 2006 | | | X Director Officer (give below) | | % Owner her (specify | |
| (Street) | | | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person | | | | |
| HILLSIDE, NJ (| 07205 | | | | | | Person | More than One R | eporting | |
| (City) | (State) | (Zip) | Tab | le I - Non-l | Derivative | Securities A | Acquired, Disposed | of, or Beneficia | lly Owned | |
| | ansaction Date hth/Day/Year) | on Date 2A. Deemed //Year) Execution Date, if any (Month/Day/Year) | | 3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A) | | SecuritiesHBeneficially(Owned(| 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| | | | | Code V | Amount | or (D) Price | (Instr. 3 and 4) | | | |
| Reminder: Report or | n a separate line | for each cl | ass of sec | urities bene | ficially ow | ned directly | or indirectly. | | | |
| | | | | | inforn requir | nation cont ed to resp lys a curre | spond to the colle tained in this form ond unless the fo ntly valid OMB co | n are not rm | SEC 1474 (9-02) | |

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of | 2. | 3. Transaction Date | 3A. Deemed | 4. | 5. Number | 6. Date Exercisable and | 7. Title and Amount of | 8. |
|-------------|-------------|---------------------|--------------------|------------|-----------------|-------------------------|------------------------|----|
| Derivative | Conversion | (Month/Day/Year) | Execution Date, if | Transactio | onof Derivative | Expiration Date | Underlying Securities | D |
| Security | or Exercise | | any | Code | Securities | (Month/Day/Year) | (Instr. 3 and 4) | S |

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Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | |
|--|---------------|-----------|---------|-------|--|--|
| | Director | 10% Owner | Officer | Other | | |
| Spanfeller James C/O GLOWPOINT, INC., 225 LONG AVEN HILLSIDE, NJ 07205 | NUE | Х | | | | |
| Signatures | | | | | | |
| /s/ Gerard E. Dorsey, Attorney-in-Fact | 01/12/2 | 2006 | | | | |
| <u>**</u> Signature of Reporting Person | Date | | | | | |

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) These options were issued to the reporting person as a non-employee director for attendance at a meeting of the Board of Directors.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.