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GLOWPOI Form 4										
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(Print or Type	e Responses)									
1. Name and Address of Reporting Person <u>*</u> HILTZIK DEAN			2. Issuer Name and Ticker or Trading Symbol GLOWPOINT INC [GLOW.PK]				5. Relationship of Reporting Person(s) to Issuer			
(Last) (First) (Middle) C/O GLOWPOINT, INC., 225 LONG AVENUE			3. Date of Earliest Transaction (Month/Day/Year) 02/22/2007			(Check all applicable) Director 10% Owner Officer (give title Other (specify below) below)				
(Street) HILLSIDE, NJ 07205			4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	(State)	(Zip)	Tak	de I - Non-l	Dorivativ	o Socuritios /	Person Acquired, Disposed	of or Bonoficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deema Execution any (Month/Da	ed Date, if	3. Transactio Code (Instr. 8) Code V	4. Secur nAcquire Dispose (Instr. 3	ities d (A) or d of (D) , 4 and 5) (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect	
Reminder: Ro	eport on a separate lin	e for each cla	ass of sec	urities bene	Pers info requ	ons who rearmation con irred to resp	or indirectly. spond to the colle tained in this forn ond unless the fo	n are not rm	SEC 1474 (9-02)	

number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amount	8.
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Expiration Date	of Underlying	De
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	Securities	Se

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(Instr. 3)	Price of Derivative Security	(Month/Day/Yea	r) (Instr. 8)	(A) or Dispose (D)	Disposed of (D) (Instr. 3, 4,		(Instr. 3 and 4)		(It	
			Code V	7 (A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
stock option (right to buy)	\$ 0.65	02/22/2007	А	1,000		02/22/2007	02/22/2017	common stock	1,000	

Reporting Owners

Reporting Owner Name / Address	Relationships						
I B	Director	10% Owner	Officer	Other			
HILTZIK DEAN C/O GLOWPOINT, INC. 225 LONG AVENUE HILLSIDE, NJ 07205	Х						
Signatures							
Edwin F. Heinen, Attorney-in-Fact		02/23/2007					
**Signature of Reporting Person		Date					

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) These options were issued to the reporting person as a non-employee director for attendance at a Board meeting on February 22, 2007.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.