Edgar Filing: WOLF KENNETH - Form 4

WOLF KENI Form 4											
Wash Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. Form 20(h) of the Junus				ITIES AND EXCHANGE COMMISSION hington, D.C. 20549 GES IN BENEFICIAL OWNERSHIP OF SECURITIES (a) of the Securities Exchange Act of 1934, lity Holding Company Act of 1935 or Section restment Company Act of 1940					Sind3235-0287Number:January 31, 2005Expires:2005Estimated average burden hours per response0.5		
<i>See</i> Instruction 1(b).							-				
(Print or Type R	esponses)										
WOLF KENNETH Symbol NAT			Symbol NATURAL AI	Issuer Name and Ticker or Trading Ibol TURAL ALTERNATIVES FERNATIONAL INC [NAII]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Month/D 1535 FARADAY AVENUE (Street) 4. If Ameri			3. Date of Earliest (Month/Day/Year) 03/07/2019					Director 10% Owner X_Officer (give title Other (specify below) below) Delow) President and COO			
			4. If Amendment, Filed(Month/Day/Ye	-	1		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
CARLSBAD	, CA 92008							Iore than One Re			
(City)	(State)	(Zip)	Table I - Non	-Derivative	Securi	ities Acq	uired, Disposed of	f, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Yea	r) Execution any	ned 3.	4. Securi tior(A) or D (Instr. 3,)	ties Actisposed 4 and (A) or	cquired 1 of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of		
Common Stock	03/07/2019		F <u>(1)</u>	9,504	D	\$ 11.58	135,779	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

Edgar Filing: WOLF KENNETH - Form 4

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (Instr. 8)	5. ionNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	;	Date	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owna Follo Repo Trans (Instr
				Code V	7 (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Addr	·ess	Relationships						
	Director	10% Owner	Officer	Other				
WOLF KENNETH 1535 FARADAY AVENUI CARLSBAD, CA 92008	E		President and COO					
Signatures								
/s/ Kenneth E. Wolf	03/11/2019							
<u>**</u> Signature of Reporting Person	Date							

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction represents a resale of 9,504 shares to the Issuer as payment of the reporting person's tax liability upon vesting of 20,000 shares of restricted stock on March 7, 2019, using the closing stock price on March 7, 2019 of \$11.58 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.