Edgar Filing: INNSUITES HOSPITALITY TRUST - Form 4

	Lugai i ili	ig. in the co		001117		1 1110					
INNSUITES HOSPITALIT Form 4	Y TRUST										
May 17, 2016									PROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION								OMB	-		
Check this box	Washington, D.C. 20549					Number:	3235-0287				
if no longer	TATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							Expires: January 3 200 Estimated average			
builden hours per								rs per 0.5			
(Print or Type Responses)											
BERG MARC E Symbol INNS			2. Issuer Name and Ticker or Trading Symbol INNSUITES HOSPITALITY FRUST [IHT]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)					X Director 10% Owner X Officer (give title Other (specify				
			5/10/2016 below)				· · · · · · · · · · · · · · · · · · ·	below) Executive Vice President			
(Street)	Filed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 						
PHOENIX, AZ 85020							Person		porting		
(City) (State)	(Zip)	Table	I - Non-De	erivative S	Securi	ties Acq	uired, Disposed of	, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)2. Transaction I (Month/Day/Ye)	ear) Executi any		3.4. Securities AcquiredTransactior(A) or Disposed ofCode(D)(Instr. 8)(Instr. 3, 4 and 5)			Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)				
Shares of			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)				
Beneficial Interest, 05/10/2016 without par value			А	2,500 (1)	A	\$ 2.49	62,725	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Edgar Filing: INNSUITES HOSPITALITY TRUST - Form 4

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and unt of rlying tities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
I. S. S. M. M. M. M. M.	Director	10% Owner	Officer	Other			
BERG MARC E 1625 E. NORTHERN AVENUE, SUITE 105 PHOENIX, AZ 85020	Х		Executive Vice President				
Signatures							
/s/ Adam B. Remis, Chief Financial Officer	05/17/2016						
**Signature of Reporting Person	Date						
Explanation of Responses:							

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares will vest immediately but are considered controlled stock subject to Rule 144 with no holding period requirements. These shares were bought as part of the approved bonus by the IHT Compensation Committee.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.