Post Holdings, Inc. Form 8-K April 16, 2015

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K CURRENT REPORT Pursuant to Section 13 OR 15(d) of the Securities Exchange Act of 1934 Date of Report (Date of earliest event reported): April 16, 2015

Post Holdings, Inc. (Exact name of registrant as specified in its charter)

Missouri1-3530545-3355106(State or Other Jurisdiction of
Incorporation)(Commission File
Number)(IRS Employer Identification
Number)2503 S. Hanley Road
St. Louis, Missouri 63144St. Louis, Missouri 63144St. Louis, Missouri 63144

(Address, including Zip Code, of Principal Executive Offices)

Registrant's telephone number, including area code: (314) 644-7600

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

" Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

" Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

- " Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- " Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01. Regulation FD Disclosure.

On April 16, 2015, Post Holdings, Inc. (the "Company") announced its Board of Directors declared a quarterly dividend of \$0.9375 per share on the Company's 3.75% Series B Cumulative Perpetual Convertible Preferred Stock, for the dividend period from the date of February 15, 2015 to May 14, 2015. The Board of Directors also declared a quarterly dividend of \$0.625 per share on the Company's 2.5% Series C Cumulative Perpetual Convertible Preferred Stock, for the dividend period from the date of February 15, 2014 to May 14, 2015. Both dividends will be paid on May 15, 2015 to preferred shareholders as of May 1, 2015.

A copy of the press release announcing the dividend declaration is attached hereto as Exhibit 99.1 and incorporated by reference herein.

The information furnished pursuant to this Item 7.01, including the attached exhibit, shall not be deemed "filed" for purposes of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of such section, nor shall such information or exhibit be deemed incorporated by reference into any filing under the Securities Act of 1933, as amended, or Exchange Act, except as shall be expressly set forth by specific reference in such a filing.

Item 9.01. Financial Statements and Exhibits. (d) Exhibits. See Exhibit Index.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Date: April 16, 2015

Post Holdings, Inc. (Registrant)

By: /s/ Diedre J. Gray Name: Diedre J. Gray Title: SVP, General Counsel & Administration, Secretary

EXHIBIT INDEX

- Exhibit No. Description
- 99.1 Press Release dated April 16, 2015

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