

CROWELL RICHARD R
Form 4
June 19, 2018

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
CROWELL RICHARD R

2. Issuer Name and Ticker or Trading Symbol
RBC Bearings INC [ROLL]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
102 WILLENBROCK ROAD, ONE
TRIBOLOGY CENTER

3. Date of Earliest Transaction
(Month/Day/Year)
06/18/2018

____ Director
____ Officer (give title below)
____ 10% Owner
____ Other (specify below)

(Street)
OXFORD, CT 06478

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount or Price		
Common Stock	06/18/2018		M		500 A \$ 51.08		
Common Stock	06/18/2018		S		500 D \$ 129.7105		
Common Stock	06/18/2018		M		400 A \$ 64.15		
Common Stock	06/18/2018		S		400 D \$ 129.7105		
Common Stock	06/18/2018		M		800 A \$ 72.83		

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Common Stock	06/18/2018	S	800	D	\$ 129.7105	40,260 ^{(1) (2)} <u>(3)</u>	D
Common Stock	06/18/2018	M	400	A	\$ 72.94	40,660 ^{(1) (2)} <u>(3)</u>	D
Common Stock	06/18/2018	S	400	D	\$ 129.7105	40,260 ^{(1) (2)} <u>(3)</u>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares			
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option to Purchase Common Stock	\$ 51.08	06/18/2018		M	500	06/14/2014 ⁽⁴⁾	06/14/2020	Common Stock	500		
Option to Purchase Common Stock	\$ 64.15	06/18/2018		M	400	07/01/2015 ⁽⁵⁾	07/01/2021	Common Stock	400		
Option to Purchase Common Stock	\$ 72.83	06/18/2018		M	800	07/01/2016 ⁽⁶⁾	07/01/2022	Common Stock	800		
Option to Purchase Common Stock	\$ 72.94	06/18/2018		M	400	07/08/2017 ⁽⁷⁾	07/08/2023	Common Stock	400		
Option to Purchase	\$ 99.64					06/27/2018 ⁽⁸⁾	06/27/2024	Common Stock	2,000		

