TRIARC COMPANIES INC
Form 5
February 13, 2001

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549
FORM 5
ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
( ) Check box if no longer subject to Section 16.
Form 4 or Form 5 obligations may continue. See Instructions 1(b).
( ) Form 3 Holdings Reported
( ) Form 4 Transactions Reported
1. Name and Address of Reporting Person
Posner, Jarrett B.
Triarc Companies, Inc.
280 Park Avenue
New York, NY 10017
USA
2. Issuer Name and Ticker or Trading Symbol
Triarc Companies, Inc.
TRY
3. IRS or Social Security Number of Reporting Person (Voluntary)

4. Statement for Month/Year
December 31, 2000
5. If Amendment, Date of Original (Month/Year)

6. Relationship of Reporting Person(s) to Issuer (Check all applicable)
( ) Director ( ) 10% Owner (X) Officer (give title below) ( ) Other (specify below)
Senior Vice President - Corporate Finance
7. Individual or Joint/Group Reporting (Check Applicable Line)
(X) Form filed by One Reporting Person
( ) Form filed by More than One Reporting Person

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security	2. Transaction Date	3. Code	4. Securities Acquired (A) or Disposed of (D)			5. Amount of Securities Beneficially Owned at End of Year
			Amount	A/D	Price	

Table II -- Derivative Securitites Acquired, Disposed of, or Beneficially Owned

1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date	4. Code	5. Number of Derivative Securities Acquired(A) or Disposed of(D)		6. Date Exercisable and Expiration Date(Month/Day/Year)		7. Title and Amount of Underlying Securities	8. P of vat Sec rit
				Amount	A/D	Date Exercisable	Expiration Date	Title and Number of Shares	

Employee Stock Option (right to buy) with tandem tax withholidng rights	$25.4375	12/14/00	(A)	20,000	A	(1)	12/14/10	Class A Common Stock	20,000

Explanation of Responses:
(1) The option vests in three equal installments on December 14, 2001, 2002 and 2003.

SIGNATURE OF REPORTING PERSON
Jarrett B. Posner
DATE
February 13, 2001