HUMANA INC Form 144

FORM 144 FORM 144 FORM 144 Expires: August 31, 2003 Estimated average burden hours per response2.0 NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933 ATTENTION: Transmit for filing 3 copies of this form concurrently with either placing an officerethy with a market maker ATTENTION: Transmit for filing 3 copies of this form concurrently with either placing an officerethy with a market maker CUSIP NUMBER WORK LOCATION 1 (a) NAME OF ISSUER (Please type or print) Humana Inc. (b) IRS IDENT. NO. 1-5975 1 (d) ADDRESS OF ISSUER STREET CITY STATE ZIP CODE 2(a) NAME OF PERSON FOR WHOSE FOR WHOSE IDENT. ACCOUNT THE SECURITIES ACE IDENT. NO. TO ISSUER SEC USE ONI DOCUMENT SEQUENCE NO. CUSIP NUMBER WORK LOCATION 61-0647538 (c) S.E.C. FILE NO FILE NO FOR WHOSE AREA CODE 500 W. Main Street Louisville, KY 40202 INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. identification Nun INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. identification Nun	UNITED STATES SECURITIES AND EXCHANGE COMMISSION			OMB APPROVAL					
Expires: August 31, 2003 Estimated average burden hours per response2.0 NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933 ATTENTION: Transmit for filing 3 copies of this form concurrently with either placing an officerly with a broker to execute sale or executing a sale directly with a market maker USIP NUMBER WORK LOCATION 1 (a) NAME OF ISSUER (Please type or print) Humana Inc. (b) IRS IDENT. FILE NO NO. 1-5975 61-0647538 1 (d) ADDRESS OF ISSUER STREET CITY STATE ZIP CODE 500 West Main Street, Louisville, KY 40202 (e) TELEPHONE AREA CODE 500 AREA CODE 500 2(a) NAME OF PERSON (b) IRS IDENT. RELATIONSHIP TO ISSUER STREET CITY STATE ZIP CODE 1 (d) ADDRESS STREET CITY STATE ZIP CODE 2(a) NAME OF PERSON (b) IRS IDENT. RELATIONSHIP TO ISSUER STREET CITY STATE ZIP CODE 500 W. Main Street Louisville, KY 40202 INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. identification Nun			OMB Number 3235-0101						
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FOR WHOSE ACCOUNT THE SECURITIES ARE TO BE SOLD INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. identification Num						CODI		NUMBERS 580-1000	
Jonathan T. Lord, M.D. Executive Officer INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. identification Nun	FOR WHOSE ACCOUNT THE SECURITIES ARE	IDENT. NO.	RELATIONS TO	HIP	CODE 500 W. Main S	Street			
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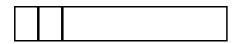
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3 Title of the (a) Class of Securities To Be Sold	Each Broker Bro Through	ker-De File	of Shares Yor Other Units To	(d) Aggregate Market Value (See Instr. 3(d)	(e) Number of Shares or Other Units Outstanding (See Instr. 3(e))	(f) Approximate Date of Sale (See Instr. 3(f) MO. DAY YR.)	(g) Name of Each Securities Exchange (See instr. 3 (g))
Common	Morgan Keegan & Co. Aegon Tower 400 W. Market Street, 20 th Floor Louisville, KY 40202		43,000	\$792,060 (Based on FMV on 10/02/03 of \$18.42)	161,105,121 as of 09/30/03	October 3, 2003	NYSE

INSTRUCTIONS:

- 1. (a) Name of Issuer
- (b) Issuer's I.R.S. Identification Number
- (c) Issuer's S.E.C. file number, if any
- (d) Issuer's address, including zip code
- (e) Issuer's telephone number, including area code

- 3. (a) Title of the class of securities to be sold
- (b) Name and Address of each broker through whom the securities are intended to be sold
- (c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)
- (d) Aggregate market value of the securities to be sold as of a specified date within 10 days prior to the filing of this notice
- (e) Number of shares or other units of the class outstanding, or if debt securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer
 - (f) Approximate date on which the securities are to be sold
- (g) Name of each securities exchange, if any, on which the securities are intended to be sold



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2. (a) Name of person for whose account the securities are to be sold	
(b) Such person's I.R.S. identification number, if such person is an entity	
(c) Such person's relationship to the issuer (e.g., officer, director, 10% stockholder, or member of immediate family of any of the foregoing	
(d) Such persons's address, including zip code	
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aı	TABLE - SECURITIES TO BE SOLD Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor.								
Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of the Person from Whom Acquired (if gift, also give date donor acquired	Amount of Securities Acquired	Date of Payment	Nature of Payment			
Common	10/03/03	Stock Option Exercise	Issuer	43,000	10/03/03	Cash			

INSTRUCTIONS:

- 1. If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.
- 2. If within two years after the acquisition of the securities the person for whose account they are to be sold had any short positions, put or other option to dispose of securities referred to in paragraph (d)(3) of Rule 144, furnish full

TABLE II - SECURITIES SOLD DURING THE PAST 3 MONTHS (1) Furnish the following information as to all securities of the issuer sold During the past 3 months by the person for whose account the securities are to be sold.							
Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds			
Jonathan T. Lord 500 W. Main Street	Common Stock	10/03/03	12,000	\$216,480			
Louisville, KY 40202							

REMARKS: *

INSTRUCTIONS:

See the definition of "person" in paragraph (a) 9 of Rule 144.

Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

October 3, 2003

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the issuer of the securities to be sold which has not been publicly disclosed.

/s/ Jonathan T. Lord

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DATE OF NOTICE

(SIGNATURE) JONATHAN T. LORD, M.D.

This notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed.

Any copies not manually signed shall bear typed or printed signatures.

ATTENTION:

Intentional misstatements or omission of facts constitute

Federal Criminal Violations (See 18 U.S.C. 1001)