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GOODMAN	N BRUCE J									
Form 4										
February 23	, 2006									
FORM	14				~~~			OMB AF	PROVAL	
	UNITED	STATES S	ECURITIES A Washington,			NGE CO	OMMISSION	OMB Number:	3235-0287	
Check this box if no longer							Expires:	January 31,		
subject to Section 1 Form 4 c	o SIATEN 16. pr	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							2005 verage rs per 0.5	
Form 5 obligatio may con <i>See</i> Instr 1(b).	tinue. Section 17(a) of the Pul	ction 16(a) of the blic Utility Hole the Investment	ding Con	ipany	Act of 1	1935 or Section			
(Print or Type]	Responses)									
1. Name and Address of Reporting Person <u>*</u> GOODMAN BRUCE J			21 Isouer France and Frener of Frauing				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (1	Middle) 3.	3. Date of Earliest Transaction (Cl				(Check	ck all applicable)		
HUMANA STREET	2/22/2006	h/Day/Year) //2006				Director 10% Owner X Officer (give title Other (specify below) Sr VP & Chief Serv. & Info. Of				
	If Amendment, Da led(Month/Day/Year	Ionth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
LOUISVIL	LE, KY 40202					-	Form filed by Mo Person			
(City)	(State)	(Zip)	Table I - Non-I	Derivative	Secur	ities Acqu	ired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	ecurity (Month/Day/Year) Execution Date, if		Code	4. Securiti por Dispose (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)	(1150.4)		
Humana Common	02/22/2006		М	10,000	А	\$ 12.995	154,973	D		
Humana Common	02/22/2006		S	10,000	D	\$ 55.2	144,973	D		
Humana Common							19	Ι	See Footnote	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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information contained in this form are not
required to respond unless the formSEC 1474
(9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of tiotDerivative Securities) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Date (Month/Day/Year) A)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Options (2)	\$ 11.625						(3)	04/12/2009	Humana Common	13,692	
Options (2)	\$ 32.7						<u>(9)</u>	02/24/2012	Humana Common	80,000	
Options (2)	\$ 12.995	02/22/2006		М		10,000	<u>(4)</u>	03/13/2012	Humana Common	10,000	
Options (2)	\$ 12.515						(5)	11/07/2012	Humana Common	30,000	
Options (2)	\$ 9.26						(6)	03/13/2013	Humana Common	16,666	
Options (7)	\$ 21.275						(8)	02/24/2014	Humana Common	70,000	
Phantom Stock Units	<u>(10)</u>						(10)	(10)	Humana Common	6,027	

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
GOODMAN BRUCE J HUMANA INC. 500 WEST MAIN STREET LOUISVILLE, KY 40202			Sr VP & Chief Serv. & Info. Of			
Signatures						

Bruce J. Goodman 02/23/2006

Date

<u>**</u>Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Stock units held for the benefit of reporting person as of January 31, 2006 under the Humana Retirement & Savings Plan including a routine disposition of shares to fund an administrative fee assessment under a Tax-Conditioned Plan, both exempt under Rule 16b-3(c).
- (2) Right to buy pursuant to the Company's 1996 Stock Incentive Plan for Employees.
- (3) Incentive and Non-Qualified stock options granted to reporting person on 4/12/99, vesting in four increments each from 4/12/01 to 4/12/04.
- (4) Incentive and Non-Qualified stock options granted to reporting person on 3/13/02, NQ options vesting in three increments from 3/13/03 to 3/13/05, and ISO's vesting on 3/13/05.
- (5) Non-Qualified stock options granted to reporting person on 11/7/02, vesting in three increments from 11/7/03 to 11/7/05.
- (6) Incentive and Non-Qualified stock options granted to reporting person on 3/13/03, NQ options vesting in three increments from 3/13/04 to 3/13/06, and ISO's vesting on 3/13/06.
- (7) Right to buy pursuant to the Company's 2003 Stock Incentive Plan.
- (8) Incentive and Non-Qualified stock options granted to reporting person on 2/24/04, NQ options vesting in three increments from 2/24/05 to 2/24/07, and ISO's vesting on 2/24/07.
- (9) Incentive and Non-Qualified stock options granted to reporting person on 2/24/05, NQ options vesting in three increments from 2/24/06 to 2/24/08, and ISO's vesting on 2/24/08.
- (10) Phantom Stock Units held for the benefit of reporting person as of January 31, 2006, based on the value of Humana common stock on a 1-for-1 basis, under the Humana Excess Plan exempt under Rule 16b-3(c and d).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.