# MECHANICAL TECHNOLOGY INC

Form 4

February	16	2001
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FORM 4							OM	IB APPROVAL		
[] Check this box if no longe	r	UNITED STATES SECURITIES AND EXCHANGE COMMISSION								
subject to Section 16. Form 4 or Form 5 oblibations may continue. See Instruction 1(b).	1						OMB Number: 3235-0287			
dec instruction 1(0).	Filed pursuant to Public Utility	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP  Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility  Holding Company Act of 1935 or Section 30(f) of the Investment Company Act of 1940						Expires: December 31, 2001		
Name and Address of Reporting Person*		Issuer Name and Ticker     or Trading Symbol				6. Relationship of Reporting Person(s) to Issuer				
Scheuer, Cynthia A.		Mechanical Technology Incorporated MKTY		February 2001			(Check all applicable)			
(Last) (First) (Middle)  30 South Pearl Street		3. I.R.S. Identification Number of Reporting Person, if an entity (voluntary)		(Month/Year) ODE		Owner X				
(Street)  Albany, NY 12207						Officer/Other Description Vice President/Chief Cinancial Officer				
(City) (State) (Zip)						Filing (C)  Individ	Individual or Joint/Group Filing (Check Applicable Line) Individual Filing Joint/Group Filing			
Table I - Non-Derivative S	ecurities Acquired,	Disposed of, or l	Beneficially Own	ied	l es		Toup I ming			
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Year)		. Transaction Code and Voluntary Code (Instr. 8)  4. Securities Acc Disposed (D) Of (Instr. 3, 4, and Instr. 4. Securities Acc Disposed (D) Of (Instr. 3, 4, and Instr. 3, 4, an		Securities		sh Fo Di h or In	wner- ip orm: irect(D) direct (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
		Code   V	Amount   Pri				,			
Common Stock 12/	20/1999	J 	22,500.00(1)	A 	33,75	0.00	D			

(over)

SEC 1474 (3-99)

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Table II			.cquired, Disp nts, options, c		eneficially Owned curities)					
1. Title of Derivative Security (Instr. 3)	1	3. Transaction Date (Month/ Day/	4. Transaction Code and Voluntary (V) Code (Instr.8)	5. Number of Derivative Securities	6. Date Exercisable(DE) and Expiration	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	of Derivative Security	Securities Beneficially Owned at End of Month	10. Owner- ship Form of Deriv- ative Security: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr.4)
Employee Stock Options (Rights o Buy)	\$2.88	12/15/2000	J 	(A) 20,000.00	12/15/2001 (2)   12/14/2010	Common Stock - 20,000.00	\$2.88	20,000.00	D	

Explanation of Responses:

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations.

See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient.

See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a

02-16-2001

\*\* Signature of Reporting Person Date

Cynthia A. Scheuer

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currently valid OMB number.

FOOTNOTE Descriptions for Mechanical Technology Incorporated MKTY

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Cynthia A. Scheuer 30 South Pearl Street

Albany, NY 12207

### Explanation of responses:

(1) The Company declared a 3 for 1 stock split on March 8, 2000 payable to all holders of record of common stock on April 3, 2000. This stock split resulted in the reporting persons acquisition of 22,500 additional shares of common stock.

(2) Options vest annually at a rate of 25% per year beginning 12/15/01.

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