## MECHANICAL TECHNOLOGY INC

Form 4

April 03, 2003

FORM 4							OM	IB APPROVAL	
[X] Check this box if no longer	UNITED STATES SECURITIES AND EXCHANGE COMMISSION								
subject to Section 16. Form 4 or Form	Washington, D.C. 20549						OMB N	umber:	
5 obligations may continue. See Instruction 1(b).		to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the any Act of 1935 or Section 30(f) of the Investment Company Act of 1940					3235-0287		
							Expires: December 31, 2001		
	Filed pursuant to Public Utility						_		
	•						burden		
							hours per response 0.5		
Name and Address of Reporting Person*		2. Issuer Name and Ticker or Trading Symbol		4. Statement for (Month/Year)		6. Relationship of Reporting Person(s) to Issuer		orting Person(s) to	
CLast) (First) (Middle)		Mechanical Technology Incorporated MKTY		April 2003		(Check all applicable)			
(Last) (First)	(Middle)	2 IDC Identifi	action	5 If Amanda	ant.		<b>D</b> .	100	
431 New Karner Road		3. I.R.S. Identification Number of Reporting Person, if an entity		5. If Amendment, Date of Original (Month/Year)		Director 10% Owner			
(Street)	(voluntary)		I		Officer/Other Description Vice President, Marketing & Communication				
Albany, NY 12205									
(City) (State) (Zip)						7. Individual or Joint/Group Filing (Check Applicable Line)			
							ndividual Filing loint/Group Filing		
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
3	unsaction Date onth/Day/Year)	3. Transaction Code and Voluntary Code (Instr. 8)	4. Securities Acc Disposed (D) Of (Instr. 3, 4, an	f	5. Amount of Securities Beneficially Owned at End of Mor (Instr. 3 and	Dinth or Inco		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Amount   Pri	l A/D					

(over)

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## Form 4 (continued)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/ Day/ Year)	Code and Voluntary (V) Code (Instr.8)	of Derivative Securities	6. Date Exercisable(DE) and Expiration Date(ED) (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	of Derivative Security	Derivative Securities Beneficially Owned at End of Month (Instr.4)	10. Owner-ship Form of Deriv- ative Security: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr.4)
			Code   V		(DE)   (ED)					
Officer Grant 4/1/03 Stock Options (Rights to Buy)	\$1.91	04/01/2003	J 	(A) 25,000.00	04/01/2003 (1)   03/31/2013	Common Stock - 25,000.00	\$1.91	25,000.00	D	

Explanation of Responses :

** Intentional misstatements or omissions of facts	
constitute Federal Criminal Violations.	04-03-2003
See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).	** Signature of Reporting Person
	Date
Note: File three copies of this Form, one of	
which must be manually signed. If space is	
insufficient,	Judith A. Barnes

See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not

required to respond unless the form displays a currently valid OMB number.

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## Form 4 (continued) FOOTNOTE Descriptions for Mechanical Technology Incorporated MKTY Form 4 - April 2003 Judith A. Barnes 431 New Karner Road Albany, NY 12205 Explanation of responses: (1) Options vest annually at a rate of 25% per year, beginning 04/01/2004.

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