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WILD OATS MARKETS INC  
Form 8-K  
August 03, 2004

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

FORM 8-K

Current Report Pursuant to Section 13 or 15(d) of  
The Securities Act of 1934

Date of Report (Date of earliest event reported): August 3, 2004

WILD OATS MARKETS, INC.  
(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation or organization)	0-21577 Commission File Number	84-1100630 (I.R.S. Employer Identification Number)
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3375 Mitchell Lane  
Boulder, Colorado 80301  
(Address of principal executive offices, including zip code)

(303) 440-5220 (Registrant's  
telephone number, including area code)

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SIGNATURES

The Registrant issued the press release regarding the results of operations and financial condition for the fiscal quarter-ended June 26, 2004, attached as Exhibit 99.1 to this Current Report on Form 8-K, on August 3, 2004.

Exhibits  
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Exhibit 99.1            Press Release of the Registrant Dated August 3, 2004.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the

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undersigned, hereunto duly authorized.

Wild Oats Markets, Inc.

By /s/ Freya R. Brie

Date: August 3, 2004 Executive Officer

Exhibit 99.1. Press release dated August 3, 2004, regarding the results of operations and financial condition for the fiscal quarter-ended June 26, 2004.