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OLeary Chr Form 4	istopher D									
October 08,								OMB AF	PROVAL	
FORM	UNITED	STATES S	ECURITIES A Washington			NGE CO	MMISSION	OMB Number:	3235-0287	
Check this box if no longer			0	·				Expires:	January 31,	
subject to Section Form 4 Form 5	to STATEN 16. or		CHANGES IN SECUE	RITIES			Estimated a burden hour response	•		
obligatio may cor <i>See</i> Instr 1(b).	ons Section 17(a) of the Pu	ction 16(a) of the blic Utility Hol the Investment	ding Cor	npan	y Act of 19				
(Print or Type	Responses)									
			2. Issuel Fluine und Fleiner of Fluing				5. Relationship of Reporting Person(s) to ssuer			
(Last)	(First) (I	Middle) 3.	Date of Earliest T	ransaction			(Check	all applicable)	
(M							Director 10% Owner X Officer (give title Other (specify below) below) EVP, COO & Intl			
	(Street)		If Amendment, D iled(Month/Day/Yea	-	.1	A	Individual or Joi pplicable Line) K_ Form filed by O			
MINNEAP	OLIS, MN 55426	j					Form filed by Mo			
(City)	(State)	(Zip)	Table I - Non-l	Derivative	Secu	rities Acquir	ed, Disposed of,	or Beneficiall	ly Owned	
1.Title of Security2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, it any (Month/Day/Year)			Code	Transactionor Disposed of (D) Code (Instr. 3, 4 and 5)				1	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)	(
Common Stock	10/07/2010		М	70,000	А	\$ 20.235	240,051	D		
Common Stock	10/07/2010		S	70,000	D	\$ 37.1389 (1)	170,051	D		
Common Stock							2,071	Ι	by Trust $\frac{(2)}{2}$	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Secur (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Am or Nu of S
Non-Qualified Stock Option (right to buy)	\$ 20.235	10/07/2010		М	70,000	12/18/2004	01/18/2011	Common Stock	70

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
OLeary Christopher D NUMBER ONE GENERAL MILLS BOULEVARD MINNEAPOLIS, MN 55426			EVP, COO & Intl			
Signatures						
By: Christopher A Rauschl For: Christopher D						
O'Leary	10/	/08/2010				
**Signature of Reporting Person		Date				

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the weighted average of actual sale prices that range from \$37.10 to \$37.20. Full information regarding the number of shares sold at each separate price is available upon request of the Securities and Exchange Commission or any security holder of the company.
- (2) Held in Trust by the Trustee of the General Mills Savings Plan.
- (3) Employee option (right to buy) granted under shareholder-approved stock option plans.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.