ANCHOR CAPITAL ADVISORS INC Form SC 13G February 05, 2004

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

SCHEDULE 13G (RULE 13D-102)

INFORMATION TO BE INCLUDED IN STATEMENTS FILED PURSUANT TO RULES 13D-L(B), (C) AND (D) AND AMENDMENTS THERETO FILED PURSUANT TO 13d-2 (AMENDMENT NO. ___) *

INGLES MARKETS, INCORPORATED
 (Name of Issuer)

COMMON STOCK (Title of Class of Securities)

(CUSIP Number) 457030104

OCTOBER 30, 2003 (Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

|X| Rule 13d-1(b)

| | Rule 13d-1(c)

| | Rule 13d-1(d)

* The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page.

The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

	SCHEDULE 13G	
CUSIP NO. 457030104		PAGE 2 OF 6 PAGES

NAME OF REPORTING PERSON

1	SS. OR	I.R.S.	IDENTIFICATION NO. OF ABOVE PERSON			
		_	al Advisors, Inc. fication No. 04-2801194			
2	2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP* (a) (b)					
3						
4		NSHIP (OR PLACE OF ORGANIZATION			
NUMBEF SHAF	R OF	5	SOLE VOTING POWER 1,453,847			
EACH REPORTING PERSON			SHARED VOTING POWER			
		7	SOLE DISPOSITIVE POWER 1,453,847			
		8	SHARED DISPOSITIVE POWER			
9	AGGREG	847	OUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON			
10	CHECK SHARES		THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN			
11	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)					
12	TYPE O		RTING PERSON			

SCHEDULE 13G

CUSIP NO. 457030104	PAGE	3 OF	6 PAGES		
ITEM 1(a). NAME OF ISSUER:					
Ingles Markets Incorporated					
ITEM 1(b). ADDRESS OF ISSUER'S PRINCIPAL EXECUTIVE OFFICES:					
2913 US Highway 70W Black Mountain, NC 28711					
ITEM 2(a). NAME OF PERSON FILING:					
Anchor Capital Advisors, Inc.					
ITEM 2(b). ADDRESS OF PRINCIPAL OFFICES OR, IF NONE, RESIDENCE:					
One Post Office Square Boston, MA 02109-2103					
ITEM 2(c). CITIZENSHIP:					
Massachusetts					
ITEM 2(d). TITLE OF CLASS OF SECURITIES:					
Common Stock					
ITEM 2(e). CUSIP NUMBER:					
457030104					
SCHEDULE 13G					
CUSIP NO. 457030104		4 OF	6 PAGES		
ITEM 3. IF THE STATEMENT IS BEING FILED PURSUANT TO RULE 13d-1(b), OR 13d-2(b) OR (c), CHECK WHETHER THE FILING PERSON IS A:					
<pre>(a) Broker or dealer registered under Section 15 of the A (b) Bank as defined in Section 3(a)(6) of the Act (15 U.S (c) Insurance company as defined in Section 3(a)(19) of t 78c);</pre>	.c. 78	Bc);			
(d) Investment company registered under Section 8 of the Investment Company Act of 1940 (15 U.S.C. 80a-8);					
<pre>(e) X An investment adviser in accordance with 13d-1(b)(I)(ii)(E); (f) An employee benefit plan or endowment fund in accordance with 13d-1</pre>					

- (g) | A parent holding company or control person in accordance with 13d-1 (b) (1) (ii) (G);
- (i) | A church plan that is excluded from the definition of an investment company under Section 3(c)(14) of the Investment Company Act of 1940 (15 U.S.C. 80a-3);
- $(j) \mid Group$, in accordance with 13d-1(b)(1)(ii)(J).

If this statement is filed pursuant to 13d-1(c), check this box. | |

ITEM 4. OWNERSHIP:

The information in Items 5-11 on the cover page (page 2) of this Schedule 13G is incorporated by reference.

SCHEDULE 13G

CUSIP NO. 457030104

PAGE 5 OF 6 PAGES

ITEM 5. OWNERSHIP OF FIVE PERCENT OR LESS OF A CLASS.

If this statement is being filed to report the fact that as of the date hereof the reporting person had ceased to be the beneficial owner of more than five percent of the class of securities, check the following $\mid \ \mid$

ITEM 6. OWNERSHIP OF MORE THAN FIVE PERCENT ON BEHALF OF ANOTHER PERSON.

Not Applicable.

ITEM 7. IDENTIFICATION AND CLASSIFICATION OF THE SUBSIDIARY WHICH ACQUIRED THE SECURITY BEING REPORTED ON BY THE PARENT HOLDING COMPANY.

Not Applicable.

ITEM 8. IDENTIFICATION AND CLASSIFICATION OF MEMBERS OF THE GROUP.

Not Applicable.

ITEM 9. NOTICE OF DISSOLUTION OF GROUP.

Not Applicable.

ITEM 10. CERTIFICATION.

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

CUSIP NO. 457030104

PAGE 6 OF 6 PAGES

SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Dated: October 15, 2003

ANCHOR CAPITAL ADVISORS, INC.

By: /s/ WILLIAM P. RICE

William P. Rice, President

The original statement shall be signed by each person on whose behalf the statement is filed or his authorized representative. If the statement is signed on behalf of a person by his authorized representative other than an executive officer or general partner of the filing person, evidence of the representative's authority to sign on behalf of such person shall be filed with the statement, provided, however, that a power of attorney for this purpose which is already on file with the Commission may be incorporated by reference. The name and any title of each person who signs the statement shall be typed or printed beneath his signature.

ATTENTION. INTENTIONAL MISSTATEMENTS OR OMISSIONS OF FACT CONSTITUTE FEDERAL CRIMINAL VIOLATIONS (SEE 18 U.S.C. 1001).