

Edgar Filing: INTEGRA LIFESCIENCES HOLDINGS CORP - Form 4

Common Stock	08/29/2008	S	2,713	D	\$ 48.5312	3,085	D
Common Stock	08/29/2008	M	50	A	\$ 32.32	3,135	D
Common Stock	08/29/2008	S	50	D	\$ 48.5312	3,085	D
Common Stock	08/29/2008	M	650	A	\$ 32.32	3,735	D
Common Stock	08/29/2008	S	650	D	\$ 48.5312	3,085	D
Common Stock	08/29/2008	M	1,830	A	\$ 27.32	4,915	D
Common Stock	08/29/2008	S	1,830	D	\$ 48.5312	3,085	D
Common Stock	08/29/2008	M	10,670	A	\$ 27.32	13,755	D
Common Stock	08/29/2008	S	10,670	D	\$ 48.5312	3,085	D
Common stock	08/29/2008	M	435	A	\$ 28.78	3,520	D
Common Stock	08/29/2008	S	435	D	\$ 48.5312	3,085	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)	Amount or Number of Shares
Incentive Stock	\$ 27.32	08/29/2008		M	1,830	(1) 09/26/2009	Common Stock	1,830

Option(right to buy)									
Incentive Stock Option (right to buy)	\$ 32.32	08/29/2008	M	650	(2)	06/01/2010	Common Stock	65	
Non-Qualified Stock Option (right to buy)	\$ 28.78	08/29/2008	M	4,775	(3)	01/02/2010	Common Stock	4,775	
Non-Qualified Stock Option (right to buy)	\$ 32.32	08/29/2008	M	2,713	(2)	06/01/2010	Common Stock	2,713	
Non Qualified Stock Option (right to buy)	\$ 32.32	08/29/2008	M	50	(2)	06/01/2010	Common Stock	50	
Non-Qualified Stock Option (right to buy)	\$ 32.39	08/29/2008	M	834	(4)	11/03/2009	Common stock	834	
Non Qualified Stock Option (right to buy)	\$ 27.32	08/29/2008	M	10,670	(1)	09/26/2009	Common Stock	10,670	
Incentive Stock Option (right to buy)	\$ 28.78	08/29/2008	M	435	(3)	01/02/2010	Common Stock	435	

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
CARLOZZI GERARD S			Executive Vice President & COO	

Signatures

/s/ Kathryn Lamping,
Attorney-in-Fact

09/03/2008

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) 25% of the option vested one year after 9/26/2003 and the remaining 75% vested monthly thereafter over 36 months
- (2) 25% of the option vested one year after 6/1/2004 and the remaining 75% vested monthly thereafter over 36 months
- (3) 25% of the option vested one year after 1/2/2004 and the remaining 75% vested monthly thereafter over 36 months
- (4) 25% of the option vested one year after 11/03/2003 and the remaining 75% vested monthly thereafter over 36 months

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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