Symmetry Medical Inc. Form SC 13D/A October 22, 2009

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

SCHEDULE 13D

Under the Securities Exchange Act of 1934
Amendment No. 2

SYMMETRY MEDICAL, INC.

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(Name of Issuer)

Common Stock, Par Value \$0.01 Per Share

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(Title of Class of Securities)

871546206

\_\_\_\_\_

(CUSIP Number)

Gregory D. Hitchan
Blum Capital Partners, L.P.
909 Montgomery Street, Suite 400
San Francisco, CA 94133
(415) 434-1111

\_\_\_\_\_

(Name, Address and Telephone Number of Person Authorized to Receive Notices and Communications)

October 20, 2009

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(Date of Event which Requires Filing of this Statement)

If the filing person has previously filed a statement on Schedule 13G to report the acquisition that is the subject of this Schedule 13D, and is filing this schedule because of Section 240.13d-1(e), 240.13d-1(f) or 240.13d-1(g), check the following box [].

\*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page.

The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 13 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

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CUSIP NO. 871546206

SCHEDULE 13D

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1. NAME OF REPORTING PERSON BLUM CAPITAL PA	ARTNERS, L.P.
I.R.S. IDENTIFICATION NO. OF ABOVE PERSONS (ENTITIES ONLY)	94-3205364
2. CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP*	(a) [x] (b) [x]
3. SEC USE ONLY	
4. SOURCE OF FUNDS*	See Item 3
5. CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) or 2(e)	[ ]
6. CITIZENSHIP OR PLACE OF ORGANIZATION	California
7. SOLE VOTING POWER	-0-
NUMBER OFSHARES 8. SHARED VOTING POWER BENEFICIALLY	1,472,400**
OWNED BY EACHPERSON WITH 9. SOLE DISPOSITIVE POWER	-0-
10. SHARED DISPOSITIVE POWER	1,472,400**
11. AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON	
12. CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES	[ ]
13. PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)	4.1%**
14. TYPE OF REPORTING PERSON	PN, IA
** See Item 5	
* * * * *	
CUSIP NO. 871546206 SCHEDULE 13D	Page 3 of 12
1. NAME OF REPORTING PERSON RICHARD C. BLUM & ASSO	OCIATES, INC.
I.R.S. IDENTIFICATION NO. OF ABOVE PERSONS (ENTITIES ONLY)	
2. CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP*	(a) [x] (b) [x]
3. SEC USE ONLY	

4.	SOURCE OF FUN	NDS*	See Item 3
	PURSUANT TO I	DISCLOSURE OF LEGAL PROCEEDINGS IS REQUI	[ ]
		DR PLACE OF ORGANIZATION	California
		7. SOLE VOTING POWER	-0-
S	NUMBER OF SHARES BENEFICIALLY	8. SHARED VOTING POWER	1,472,400**
	WNED BY EACH PERSON WITH	9. SOLE DISPOSITIVE POWER	-0-
		10. SHARED DISPOSITIVE POWER	1,472,400**
11.	AGGREGATE AMOU	JNT BENEFICIALLY OWNED BY EACH REPORTING	
	CHECK BOX IF	THE AGGREGATE AMOUNT IN ROW (11) EXCLUDE	
12.	CERTAIN SHARE	ES	L J
		ES 	
 13.	PERCENT OF CL	LASS REPRESENTED BY AMOUNT IN ROW (11)	4.1%**
13.  14.	PERCENT OF CL	LASS REPRESENTED BY AMOUNT IN ROW (11)	4.1%** CO
13.  14.	PERCENT OF CL	LASS REPRESENTED BY AMOUNT IN ROW (11)	4.1%** CO
13.  14.  ** S	PERCENT OF CL	LASS REPRESENTED BY AMOUNT IN ROW (11)  RTING PERSON  * * * * * * *	4.1%** CO
13. 14. ** S	PERCENT OF CI TYPE OF REPOR	LASS REPRESENTED BY AMOUNT IN ROW (11)  * * * * * * *  CHEDULE 13D	4.1%** CO
113	PERCENT OF CI TYPE OF REPOR See Item 5  TP NO. 87154620  NAME OF REPOR	LASS REPRESENTED BY AMOUNT IN ROW (11)  * * * * * * *  CHEDULE 13D	4.1%**  CO  Page 4 of 12  EGIC GP III, L.L.C.
13 14 ** \$	PERCENT OF CI TYPE OF REPOR See Item 5  TP NO. 87154620  NAME OF REPOR I.R.S. IDENTI	ASS REPRESENTED BY AMOUNT IN ROW (11)  * * * * * * *  CRING PERSON  * * * * * * *  CRING PERSON  ** * * * * *  CRING PERSON  BLUM STRAT  CFICATION NO. OF ABOVE PERSONS (ENTITIES  CROPRIATE BOX IF A MEMBER OF A GROUP*	Page 4 of 12 EGIC GP III, L.L.C. ONLY) 04-3809436  (a) [x] (b) [x]
13 14 ** \$	PERCENT OF CI TYPE OF REPOR See Item 5  TP NO. 87154620  NAME OF REPOR I.R.S. IDENTI	LASS REPRESENTED BY AMOUNT IN ROW (11)  * * * * * * *  CHECULE 13D  RTING PERSON  BLUM STRAT  EFICATION NO. OF ABOVE PERSONS (ENTITIES	Page 4 of 12 EGIC GP III, L.L.C. ONLY) 04-3809436  (a) [x] (b) [x]
13 14 ** \$	PERCENT OF CI TYPE OF REPOR See Item 5  TP NO. 87154620  NAME OF REPOR I.R.S. IDENTI CHECK THE APP	ASS REPRESENTED BY AMOUNT IN ROW (11)  * * * * * * *  CHECK PERSON  ** * * * * * *  CHECK PERSON  ** * * * * * *  CHECK PERSON  ** * * * * * *  CHECK PERSON  ** * * * * * *  CHECK PERSON  ** * * * * * *  CHECK PERSON  ** * * * * * * *  CHECK PERSON  ** * * * * * * *  CHECK PERSON  ** * * * * * * *  CHECK PERSON  ** * * * * * * *  CHECK PERSON  ** * * * * * * *  CHECK PERSON  ** * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * * *  CHECK PERSON  ** * * * * * * * * *  CHECK PERSON  ** * * * * * * * * *  CHECK PERSON  ** * * * * * * * * *  CHECK PERSON  ** * * * * * * * * *  CHECK PERSON  ** * * * * * * * * *  CHECK PERSON  ** * * * * * * * * *  CHECK PERSON  ** * * * * * * * * *  CHECK PERSON  ** * * * * * * * * *  CHECK PERSON  ** * * * * * * * * *  CHECK PERSON  ** * * * * * * * * *  CHECK PERSON  ** * * * * * * * * *  CHECK PERSON  ** * * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * *  CHECK PERSON  ** * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * *  CHECK PERSON  ** * * * * * * * *  CHECK PERSON  ** * * * * * * *  CHECK PERSON  ** * * * * * * *  CHECK PERSON  ** * * * *	4.1%**  CO  Page 4 of 12  PEGIC GP III, L.L.C.  ONLY) 04-3809436  (a) [x] (b) [x]

6. CITIZENSHIP O	OR PLACE OF ORGANIZATION	Delaware
	7. SOLE VOTING POWER	-0-
NUMBER OF SHARES BENEFICIALLY	8. SHARED VOTING POWER	1,472,400**
OWNED BY EACH PERSON WITH	9. SOLE DISPOSITIVE POWER	-0-
	10. SHARED DISPOSITIVE POWER	1,472,400**
11. AGGREGATE AMOU	NT BENEFICIALLY OWNED BY EACH REPORTING PERSON	1,472,400**
12. CHECK BOX IF CERTAIN SHARE		[ ]
	ASS REPRESENTED BY AMOUNT IN ROW (11)	4.18**
14. TYPE OF REPOR	TING PERSON 00 (Limited Liabi	
** See Item 5		
	* * * * *	
CUSIP NO. 87154620	6 SCHEDULE 13D	Page 5 of 12
1. NAME OF REPOR	TING PERSON BLUM STRATEGIC	
I.R.S. IDENTI	FICATION NO. OF ABOVE PERSONS (ENTITIES ONLY)	02-0742606
	PROPRIATE BOX IF A MEMBER OF A GROUP*	(a) [x] (b) [x]
3. SEC USE ONLY		
4. SOURCE OF FUN	 IDS*	See Item 3
5. CHECK BOX IF PURSUANT TO I	DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED TEMS 2(d) or 2(e)	[ ]
	OR PLACE OF ORGANIZATION	Delaware
	7. SOLE VOTING POWER	-0-
NUMBER OF SHARES BENEFICIALLY	8. SHARED VOTING POWER	1,472,400**

PERSON WITH	9. SOLE DISPOSITIVE POWER	-0-
	10. SHARED DISPOSITIVE POWER	1,472,400**
11. AGGREGATE AMO	UNT BENEFICIALLY OWNED BY EACH REPORTING PERSO	
12. CHECK BOX IF CERTAIN SHAR	THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES ES	[ ]
	LASS REPRESENTED BY AMOUNT IN ROW (11)	4.1%**
14. TYPE OF REPO	RTING PERSON	PN
** See Item 5		
	* * * * * *	
CUSIP NO. 8715462	06 SCHEDULE 13D	Page 6 of 12
1. NAME OF REPO	RTING PERSON BLUM STRATEGIC	
I.R.S. IDENT	IFICATION NO. OF ABOVE PERSONS (ENTITIES ONLY)	26-0588693
2. CHECK THE AP	PROPRIATE BOX IF A MEMBER OF A GROUP*	(a) [x] (b) [x]
3. SEC USE ONLY		
4. SOURCE OF FU	NDS*	See Item 3
	DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED	
	ITEMS 2(d) or 2(e)	
PURSUANT TO	ITEMS 2(d) or 2(e)OR PLACE OF ORGANIZATION	
PURSUANT TO 6. CITIZENSHIP		Delaware
PURSUANT TO  6. CITIZENSHIP  NUMBER OF SHARES BENEFICIALLY	OR PLACE OF ORGANIZATION  7. SOLE VOTING POWER  8. SHARED VOTING POWER	Delaware
PURSUANT TO  6. CITIZENSHIP  NUMBER OF SHARES BENEFICIALLY OWNED BY EACH	OR PLACE OF ORGANIZATION  7. SOLE VOTING POWER	Delaware -0- 1,472,400**

12.	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES	[ ]
13.	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)	4.1%**
14.	TYPE OF REPORTING PERSON OO (Limited Liabi:	
	ee Item 5	
	* * * * *	
CUSI	P NO. 871546206 SCHEDULE 13D	Page 7 of 12
1.	NAME OF REPORTING PERSON BLUM STRATEGIC	
	I.R.S. IDENTIFICATION NO. OF ABOVE PERSONS (ENTITIES ONLY)	
2.	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP*	(a) [x] (b) [x]
3.	SEC USE ONLY	
4.	SOURCE OF FUNDS*	See Item 3
5.	CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) or 2(e)	
6.	CITIZENSHIP OR PLACE OF ORGANIZATION	Delaware
	7. SOLE VOTING POWER	-0-
S	UMBER OF	1,472,400**
	WNED BY EACH	-0-
	10. SHARED DISPOSITIVE POWER	1,472,400**
11.	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON	
	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES	[ ]
	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)	4.18**

#### 14. TYPE OF REPORTING PERSON

PN

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\*\* See Item 5

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Item 1. Security and Issuer \_\_\_\_\_\_

This Amendment No. 2 amends the Statement on Schedule 13D (the "Schedule 13D") filed with the Securities and Exchange Commission (the "Commission") on October 16, 2009 by Blum Capital Partners, L.P., a California limited partnership, ("Blum LP"); Richard C. Blum & Associates, Inc., a California corporation ("RCBA Inc."); Blum Strategic GP III, L.L.C., a Delaware limited liability company ("Blum GP III"); Blum Strategic GP III, L.P., a Delaware limited partnership ("Blum GP III LP"); Blum Strategic GP IV, L.L.C., a Delaware limited liability company ("Blum GP IV"); and Blum Strategic GP IV, L.P., a Delaware limited partnership ("Blum GP IV LP"), (collectively, the "Reporting Persons").

This amendment relates to shares of common stock, \$0.01 par value per share (the "Common Stock") of Symmetry Medical, Inc., a Delaware corporation (the "Issuer"). The principal executive office and mailing address of the Issuer is 3724 North State Road 15, Warsaw, Indiana, 46582.

The following amendments to the Schedule 13D are hereby made. Unless otherwise defined herein, all capitalized terms shall have the meanings ascribed to them in the initial Schedule 13D as previously amended.

Item 2. Identity and Background \_\_\_\_\_

There have been no changes to Item 2 since the last Schedule 13D filed on October 16, 2008.

Item 3. Source and Amount of Funds or Other Considerations

There have been no changes to Item 3 since the initial Schedule 13D filed on May 5, 2008.

Item 4. Purpose of Transaction

There have been no changes to Item 4 since the initial Schedule 13D filed on May 5, 2008.

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## Item 5. Interest in Securities of the Issuer

(a), (b) According to the Issuer's Form 10Q filed with the Securities and Exchange Commission on August 7, 2009, there were 35,810,751 shares of Common Stock issued and outstanding as of August 4, 2009. Based on such information, after taking into account the transactions described in Item 5(c) below, the Reporting Persons report beneficial ownership of the following shares of Common Stock: (i) 110,704 shares of Common Stock held by Blum LP and RCBA Inc. on behalf of the limited partnerships for which Blum LP serves as the general partner, which represents 0.3% of the outstanding shares of the Common Stock; (ii) 614,700 shares of the Common Stock held by Blum GP III which serves as general partner of Blum GP III LP which, in turn, serves as the general partner of Blum Strategic III, which represents 1.7% of the outstanding shares of the Common Stock; (iii) 724,396 shares of the Common Stock held by Blum GP IV, which serves as general partner of Blum GP IV LP which, in turn, serves as the general partner of Blum Strategic IV, which represents 2.0% of the outstanding shares of the Common Stock and(iv) 11,300 shares of the Common Stock that are legally owned by The Nuclear Decommissioning Trust of Dominion Nuclear Connecticut, Inc. ("Dominion Connecticut"), which represents less than 0.1% of the outstanding shares of the Common Stock and 11,300 shares of the Common Stock that are legally owned by Virginia Electric and Power Company Qualified Nuclear Decommissioning Trust ("Virginia Electric"), which represents less than 0.1% of the outstanding shares of the Common Stock (collectively, the "Investment Advisory Clients"), with respect to which Blum LP has voting and investment power. Each Investment Advisory Client has entered into an investment management agreement with Blum LP, but neither Investment Advisory Client has any contract, arrangement or understanding with the other Investment Advisory Client, or any other Reporting Person, with respect to the acquisition, ownership, disposition or voting of any shares of the Common Stock. Each Investment Advisory Client disclaims membership in a group with any Reporting Person or with the other Investment Advisory Client, and each disclaims beneficial ownership of any shares beneficially owned by the Reporting Persons other than for their own account.

Voting and investment power concerning the above shares are held solely by Blum LP, Blum GP III and Blum GP IV. The Reporting Persons therefore may be deemed to be members in a group, in which case the group would be deemed to have beneficial ownership of an aggregate of 1,472,400 shares of the Common Stock, which is 4.1% of the outstanding Common Stock. As the sole general partner of Blum LP, RCBA Inc. is deemed the beneficial owner of the securities over which Blum LP has voting and investment power. The filing of this Schedule shall not be construed as an admission that any of the shareholders, directors or executive officers of RCBA Inc. or the managing members and members of Blum GP III, Blum GP III LP, Blum GP IV and Blum GP IV LP, is, for any purpose, the beneficial owner of any of the securities that are beneficially owned by RCBA Inc., Blum GP III LP, Blum GP III, Blum GP IV or Blum GP IV LP.

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c) Since the last Schedule 13D Amendment filed on October 16, 2009, the Reporting Persons have sold the following shares of Common Stock in the open market:

Entity	Trade Date	Shares	Price/Share
Investment partnerships for which Blum LP serves as the general partner.	10-19-2009 10-20-2009 10-21-2009	16,000 20,100	9.9100 9.8831 9.8898
Entity	Trade Date	Shares	Price/Share
For Blum Strategic III for which Blum GP III LP serves as the general partner and for Blum GP III which serves as the general partner for Blum GP III LP.	10-19-2009 10-20-2009	89,100 111,700	9.9100 9.8831
Entity	Trade Date		Price/Share
For Blum Strategic IV for which Blum GP IV LP serves as the general partner and for Blum GP IV which serves as the general partner for Blum GP IV LP.	10-19-2009 10-20-2009 10-21-2009	131,748	9.8831
Entity	Trade Date		Price/Share
The Investment Advisory Clients for which Blum LP serves as investment advisor.	10-19-2009 10-20-2009 10-21-2009		9.9100 9.8831

<sup>(</sup>d) Not applicable.

(e) The Reporting Persons ceased to beneficially own 5% of the Issuer's Common Stock on October 21, 2009.

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Item 6. Contracts, Arrangements, Understandings or Relationships with Respect to Securities of the Issuer

There have been no changes to Item 6 since the initial Schedule 13D filed on May 5, 2008.

Item 7. Material to be Filed as Exhibits \_\_\_\_\_\_

Exhibit A - Joint Filing Undertaking

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#### SIGNATURES

After reasonable inquiry and to the best of our knowledge and belief, the undersigned certify that the information set forth in this statement is true, complete and correct.

Dated: October 22, 2009

RICHARD C. BLUM & ASSOCIATES, INC. BLUM CAPITAL PARTNERS, L.P.

By: Richard C. Blum & Associates, Inc.

its General Partner

By: /s/ Gregory D. Hitchan

/s/ Gregory D. Hitchan

Gregory D. Hitchan

Partner, Chief Operating Officer,
General Counsel and Secretary

By: /s/ Gregory D. Hitchan

Gregory D. Hitchan

Partner, Chief Operating Officer,

General Counsel and Secretary

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BLUM STRATEGIC GP III, L.L.C.

BLUM STRATEGIC GP III, L.P.

By: Blum Strategic GP III, L.L.C.

its General Partner

By: /s/ Gregory D. Hitchan

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Gregory D. Hitchan Managing Member

By: /s/ Gregory D. Hitchan

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Gregory D. Hitchan Managing Member

BLUM STRATEGIC GP IV, L.L.C.

BLUM STRATEGIC GP IV, L.P.

By: Blum Strategic GP IV, L.L.C.

its General Partner

By: /s/ Gregory D. Hitchan

By: /s/ Gregory D. Hitchan

Gregory D. William

Gregory D. Hitchan Managing Member

Gregory D. Hitchan

Managing Member

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Exhibit A JOINT FILING UNDERTAKING

The undersigned, being duly authorized thereunto, hereby execute this agreement

as an exhibit to this Schedule 13D to evidence the agreement of the below-named parties, in accordance with the rules promulgated pursuant to the Securities Exchange Act of 1934, to file this Schedule jointly on behalf of each such

Dated: October 22, 2009

RICHARD C. BLUM & ASSOCIATES, INC. BLUM CAPITAL PARTNERS, L.P.

By: Richard C. Blum & Associates, Inc.

its General Partner

By: /s/ Gregory D. Hitchan
By: /s/ Gregory D. Hitchan

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Gregory D. Hitchan
Partner, Chief Operating Officer,
General Counsel and Secretary

Gregory D. Hitchan
Partner, Chief Operating Officer,
General Counsel and Secretary

BLUM STRATEGIC GP III, L.L.C. BLUM STRATEGIC GP III, L.P.

By: Blum Strategic GP III, L.L.C.

its General Partner

By: /s/ Gregory D. Hitchan By: /s/ Gregory D. Hitchan

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Gregory D. Hitchan Gregory D. Hitchan Managing Member Managing Member

BLUM STRATEGIC GP IV, L.L.C. BLUM STRATEGIC GP IV, L.P.

By: Blum Strategic GP IV, L.L.C.

its General Partner

By: /s/ Gregory D. Hitchan By: /s/ Gregory D. Hitchan

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Gregory D. Hitchan Gregory D. Hitchan Managing Member Managing Member