TSAKOS ENERGY NAVIGATION LTD Form S-8 March 27, 2003

As filed with the Securities and Exchange Commission on March 27, 2003

Registration No. 333-

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM S-8

REGISTRATION STATEMENT

Under

THE SECURITIES ACT OF 1933

TSAKOS ENERGY NAVIGATION LIMITED

(Exact name of registrant as specified in its charter)

Bermuda (State or other jurisdiction of

Not Required (I.R.S. Employer Identification No.)

incorporation or organization)

367 Syngrou Avenue

175 64 P. Faliro

Athens, Greece

011-30210-94-077102

(Address, including zip code, and telephone number,

including area code, of principal executive offices)

Tsakos Energy Navigation Limited Stock Option Plan

(Full titles of the plans)

Emmanuel G. Pantelides

Marine Services Corporation

46 Trinity Place

New York, New York 10006

(212) 269-1426

(Name, address and telephone number, including area code, of agent for service)

Copy of all communication to:

Stephen P. Farrell, Esq.

Morgan, Lewis & Bockius LLP

101 Park Avenue

New York, New York 10178

(212) 309-6000

CALCULATION OF REGISTRATION FEE

Title of securities to be registered	Amount to be registered (1)	Proposed maximum offering price per share	Proposed maximum aggregate offering price	Amount of registration fee (3)
Common Shares, par value \$1.00 per share	360,000	\$13.10(2)	4,716,000	\$382.00

- (1) Pursuant to Rule 416(a), the number of shares of Common Stock being registered shall be adjusted to include any additional shares which may become issuable as a result of stock splits, stock dividends or similar transactions in accordance with the provisions of the Stock Option Plan.
- (2) Calculated pursuant to Rules 457(c) and (h) based upon the average of the high and low prices for the common stock as reported on The New York Stock Exchange on March 26, 2003. The foregoing calculation is solely for the purpose of determining the registration fee.
- (3) Calculated pursuant to Section 6(b) of the Securities Act of 1933 as follows: Proposed maximum aggregate offering price per share multiplied by .00008090.

INCORPORATION BY REFERENCE

The number of common shares, par value \$1.00 per share (Shares) authorized under the Tsakos Energy Navigation Limited Stock Option Plan is 450,000. The registrant previously registered 90,000 Shares pursuant to a Registration Statement on Form S-8, filed with the Securities and Exchange Commission on January 31, 2003 (File No. 333-102860). The contents of such Registration Statement on Form S-8 are hereby incorporated by reference. The registrant wishes to register an additional 360,000 Shares pursuant to this Registration Statement on Form S-8.

Prospectus

TSAKOS ENERGY NAVIGATION LIMITED

367 Syngrou Avenue
175 64 P. Faliro
Athens, Greece
011-30210-94-077102

SHARES OF COMMON STOCK

These shares of common stock are being offered by the selling stockholders identified in this prospectus. We have issued or will issue the shares of our common stock to the selling stockholders under our Stock Option Plan.

The selling stockholders may offer their shares of common stock through public or private transactions, in the principal markets on which our common stock is traded at the time of sale or elsewhere, at prevailing market prices or at privately negotiated prices.

The selling stockholders may sell their shares of common stock directly or through brokers and dealers acting as principal or agent. In effecting the sales, the brokers or dealers may receive commissions or discounts from the selling stockholders. We will pay substantially all of the expenses incident to the registration of the shares, except for sales commissions and other seller s compensation applicable to the sale of the shares.

The selling stockholders and any broker or dealers that participate with the selling stockholders in the distribution of the shares of common stock may be deemed to be underwriters within the meaning of the Securities Act of 1933. Any commissions or discounts received by them and any profit on the sale of the shares may be deemed to be underwriting commissions or discounts under the Securities Act.

Our common shares are traded on the New York Stock Exchange under the symbol TNP. On March 26, 2003, the last reported sale price of our common shares on the New York Stock Exchange was \$13.14 per share. We urge you to obtain a current price quotation.

Neither the Securities and Exchange Commission nor any state securities commission has approved or disapproved of these securities or determined if this prospectus is truthful or complete. Any representation to the contrary is a criminal offense.

The date of this prospectus is March 27, 2003.

TABLE OF CONTENTS

	Page
Where You Can Find More Information	1
The Company	2
<u>Proceeds</u>	2
Selling Stockholders	2
Plan of Distribution	3
Disclosure of Commission Position on Indemnification for Securities Act Liability	4
Validity of Common Stock	4
Experts	5

Where You Can Find More Information

The registration statement on Form S-8, of which this prospectus is a part, contains information about us and the shares of common stock offered by this prospectus. In addition, we file annual, quarterly and special reports and other information with the SEC. You may read and, for a set fee, copy the registration statement, including exhibits, and any of the other information that we file at the SEC public reference facility:

450 Fifth Street, N.W. Washington, DC 20549

Please call the SEC at 1-800-SEC-0330 for further information on those public reference facilities.

In addition, the SEC allows us to incorporate by reference the information in documents that we file with them. This means that we can disclose important information to you by referring you to those documents. The information incorporated by reference is an important part of this prospectus, and information in documents that we file later with the SEC will automatically update and supercede this information. We incorporate by reference the documents listed below and any future filings made with the SEC under Sections 13(a), 13(c), 14 or 15(d) of the Securities Exchange Act of 1934 until all of the shares of common stock offered under this prospectus are sold:

The prospectus filed pursuant to Rule 424(b) under the Securities Act of 1933, as amended (the Securities Act), dated March 5, 2002, with respect to our Registration Statement on Form F-1 (Registration No. 333-82326).

Current Reports on Form 6-K, filed with the SEC on May 15, 2002, June 7, 2002, August 26, 2002 and December 24, 2002.

The description of our common stock and associated rights contained in our registration statement filed with the SEC under Section 12 of the Securities Exchange Act, including all amendments and reports filed with the SEC that update those descriptions.

You may request a copy of these filings, at no charge, by writing or telephoning us at the following address:

Tsakos Energy Navigation Limited

367 Syngrou Avenue

175 64 P. Faliro

Athens, Greece

Attention: Secretary

Telephone: 011-30210-94-077102

In making your investment decision, you should rely only on the information provided in this prospectus, any supplement, the registration statement, and any information incorporated by

reference. We have	not authorized any	one else to provide yo	u with differen	t information. I	In addition, y	ou should not ass	ume that the
information in this	prospectus or any o	ther document is accu	rate as of any d	late other than	the date on th	ne front of those of	locuments.

The Company

We own a fleet of modern tankers, providing world-wide marine transportation services for national, major and other independent oil companies and refiners under long, medium and short-term charters. We were incorporated as Maritime Investment Fund Limited in 1993 as an exempted company under Bermuda law. In 1993, we listed our common shares on the Oslo Børs under the symbol TEN. In 1996, we changed our name to MIF Limited. In July 2001, we changed our name to Tsakos Energy Navigation Limited in order to enhance our brand recognition in the tanker industry, particularly among charterers. As of March 2002, we are currently listed on the New York Stock Exchange under the symbol TNP. The address of our principal office is 367 Syngrou Avenue, 175 64 P. Faliro, Athens, Greece, and our telephone number there is 011-30210-94-077102.

For additional information about the company, you should refer to the information contained in the documents incorporated by reference listed in the previous section, Where You Can Find More Information.

Proceeds

We will not receive any proceeds from the sale of common stock that may be sold pursuant to this prospectus for the respective accounts of the selling stockholders.

Selling Stockholders

This table will be supplemented as needed to reflect additional selling stockholders and shares covered by this prospectus.

The following table identifies our executive officers and directors, any of whom may use this prospectus to sell shares of our common stock which they have acquired or will acquire under our Stock Option Plan.

Name and Position with Company	Number of Shares Owned Prior to	Number of Shares	Percentage of Common	Number of Shares	Percentage of Common
	Sales Under This	Available for	Stock	Owned After	Stock Owned
	Prospectus (1)	Sales Under	Owned	Sales (2)	After Sales

		this Prospectus	Before Sales		(2) (3)
D. John Stavropoulos					
Chairman of the Board of Directors	56,272	12,000	*	44,272	*
Nikolas Tsakos (4)					
President, Chief Executive Officer and Director	15,000	15,000	*	0	0
Michael Jolliffe					
Deputy Chairman of the Board of Directors and Director	10,000	10,000	*	0	0
George Saroglou					
Chief Operating Officer and Director	12,000	12,000	*	0	0
Paul Durham					
Finance Director and Chief Accounting Officer	8,000	8,000	*	0	0
Emmanuel G. Pantelides					
Secretary	5,000	5,000	*	0	0
Peter Nicholson					
Director	10,000	10,000	*	0	0
Antonio Taragoni					
Director	10,000	10,000	*	0	0
Paul Labrinakos					
Marine Director	8,000	8,000	*	0	0

^{*} Less than one percent.

- (1) Number of shares includes shares of common stock, options to purchase shares of common stock, owned directly or indirectly by the selling stockholders, including shares acquired under the Stock Option Plan.
- (2) Based upon the number to be owned if all of the shares of common stock available for sale under this prospectus were resold.
- (3) Percentage is based upon 17,064,523 shares of our common stock outstanding as of December 31, 2002.
- (4) Does not include 4,496,802 common shares owned by Kelley Enterprises, Inc., Marsland Holdings Limited, Redmont Trading Corp., Sea Consolidation S.A. of Panama and Panayotis Tsakos with whom Nikolas Tsakos may be deemed to constitute a group within the meaning of Section 13(d)(3) of the Securities Exchange Act of 1934. Nothing contained herein shall be deemed to be an admission that a group exists.

Plan of Distribution

The shares of our common stock covered by this prospectus will be sold, if at all, by the individuals named above or transferees, donees, pledgees or others on their behalf, and not by us. The shares may be sold from time to time as follows:

on the New York Stock Exchange, on the Oslo Børs or on another securities exchange within or without the United States or in the over-the-counter market in the United States or elsewhere (any of which may involve crosses and block transactions); to purchasers directly; in ordinary brokerage transactions in which the broker solicits purchasers; through underwriters, dealers and agents who may receive compensation in the form of underwriting discounts, concessions or commissions from a seller and/or the purchasers of the shares for whom they may act as agent; through the writing of options on the shares; through the pledge of shares as security for any loan or obligation, including pledges to brokers or dealers who may from time to time effect distributions of the shares or other interests in the shares; through purchases by a broker or dealer as principal and resale by such broker or dealer for its own account pursuant to this prospectus; through block trades in which the broker or dealer so engaged will attempt to sell the shares as agent or as riskless principal but may position and resell a portion of the block as principal to facilitate the transaction;

through exchange distributions in accordance with the rules of the applicable exchange;

in any combination of one or more of these methods; or

in any other lawful manner.

These sales may be made at prices related to the then current market price or otherwise at prices and on terms then prevailing, or in privately negotiated transactions. In effecting sales, a broker or dealer engaged by an individual using this prospectus to sell common stock may arrange for other brokers or dealers to participate in the sale. In addition, any shares covered by this prospectus which qualify for sale pursuant to Section 4(1) of the Securities Act or Rules 144 or 701(g) or Regulation S under the Securities Act may be sold thereunder rather than by this prospectus.

In connection with distributions of the shares or otherwise, persons using this prospectus to sell common stock may enter into hedging transactions with broker-dealers. In connection with hedging a transaction, a broker-dealer may engage in short sales of shares registered hereunder in the course of hedging the positions it assumes with the seller. The seller may also sell shares short and deliver the shares to close out the short positions. The seller may also enter into an option or other transaction with a broker-dealer which requires the delivery to the broker-dealer of shares we have registered, which the broker-dealer may resell by this prospectus.

A seller may pay a broker-dealer or an agent compensation in the form of commissions, discounts or concessions. The broker-dealer and any other participating broker-dealer may be deemed to be underwriters within the meaning of the Securities Act in connection with such sales and any such commission, discount or concession may be deemed to be underwriting discounts or commissions under the Securities Act.

We may be required to file a supplemented prospectus in connection with any activities involving a seller which may be deemed to be an underwriting. In that case, a supplement to this prospectus would contain (1) information as to whether an underwriter selected by a seller, or any other broker-dealer, is acting as principal or agent for the seller, (2) the compensation to be received by an underwriter selected by a seller or any broker-dealer, for acting as principal or agent for a seller and (3) the compensation to be received by any other broker-dealer, in the event the compensation of such other broker-dealers is in excess of usual and customary commissions. Any broker or dealer participating in any distribution of the shares may be required to deliver a copy of this prospectus, including any prospectus supplement, to any individual who purchases any shares from or through such a broker-dealer.

We have advised the people identified in this prospectus as potential sellers of common stock that during any period when they may be engaged in a distribution of the shares offered by this prospectus, they are required to comply with Regulation M promulgated under the Securities Exchange Act. With certain exceptions, Regulation M precludes any seller, any affiliated purchaser and any broker-dealer or other individual who participates in such a distribution from bidding for or purchasing, or attempting to induce any individual to bid for or purchase any security, that is the subject of the distribution until the entire distribution is complete. Regulation M also prohibits any bids or purchases made in order to stabilize the price of a security in connection with the distribution of that security. All of these factors may affect the marketability of our common stock.

The people identified in this prospectus as potential sellers of common stock offer to sell all, some or none of the shares covered by this prospectus; provided that the amount of securities of the Registrant sold using this prospectus by any selling shareholder may not exceed, during any three-month period, the amount specified in Rule 144(e). Because it is possible that a significant number of shares could be sold simultaneously by means of this prospectus, such sales, or the possibility thereof, may have an adverse effect on the market price of our common stock.

Disclosure of Commission Position on Indemnification for Securities Act Liability

Insofar as indemnification for liabilities arising under the Securities Act may be permitted to directors, officers or persons controlling us pursuant to the foregoing provisions, we have been informed that in the opinion of the Commission such indemnification is against public policy as expressed in the Securities Act and is therefore unenforceable.

Validity of Common Stock

The validity of our common stock has been passed upon by Mello Jones & Martin, Bermuda.

Experts

The consolidated financial statements for the year ending December 31, 2001 have been examined by Arthur Andersen LLP. Those financial statements are incorporated by reference in this prospectus in reliance upon the reports of Arthur Andersen LLP which pertain to those financial statements and upon the authority of Arthur Andersen LLP as experts in accounting and auditing. After reasonable efforts, we have been unable to obtain the consent of Arthur Andersen LLP to the inclusion of its report in this registration statement. Under these circumstances, Rule 437a under the Securities Act permits the Company to file this registration statement without the consent from Arthur Andersen LLP. Accordingly, Arthur Andersen LLP will not be liable under Section 11(a) of the Securities Act because it has not consented to being named as an expert in this registration statement. Audited financial statements that are included in documents filed with the SEC after the date of this prospectus will be incorporated by reference in this prospectus (to the extent the required consents are properly filed with the SEC) in reliance upon the reports relating to those audited financial statements made by the independent accountants acting as our auditors and upon the authority of those independent accountants as experts in accounting and auditing.

SIGNATURES

Pursuant to the requirements of the Securities Act of 1933, Tsakos Energy Navigation Limited certifies that it has reasonable grounds to believe that it meets all of the requirements for filing on Form S-8 and has duly caused this Registration Statement to be signed on its behalf by the undersigned, thereunto duly authorized, in the City of Athens on the 27th day of March, 2003.

TSAKOS ENERGY NAVIGATION LIMITED

By: /s/ Nikolas P. Tsakos

Name: Nikolas P. Tsakos Title President

Pursuant to the requirements of the Securities Act of 1933, this Registration Statement has been signed by the following persons in the capacities and on the date indicated.

Signature	Title	Date	
*	Chairman of the Board of Directors	March 27, 2003	
D. John Stavropoulos			
/s/ Nikolas P. Tsakos	President, Chief Executive Officer, Director (Principal Executive Officer)	March 27, 2003	
Nikolas P. Tsakos	Director (Timespar Executive Officer)		
*	Chief Operating Officer and Director	March 27, 2003	
George V. Saroglou			
*	Secretary	March 27, 2003	
Emmanuel G. Pantelides			
*	Chief Accounting Officer (Principal Accounting Officer)	March 27, 2003	
Paul Durham			

Signature	Title	Date
*	Deputy Chairman of the Board of	March 27, 2003
Michael G. Jolliffe	— Directors	
D. W.L.	— Director	
Peter Nicholson	— Director	
Antonio Taragoni	Z. Color	
Torben Janholt	Director	
*/s/ Nikolas P. Tsakos	Director	March 27, 2003
Nikolas P. Tsakos		
Attorney-in-fact		

EXHIBIT INDEX

Exhibit	Description
4.1	Form of Share Certificate (Filed as Exhibit 4.1 to Tsakos Energy Navigation Limited s Registration Statement on Form F-1 (Registration no. 333-82326), and incorporated by reference thereto)
4.2	Stock Option Plan (Filed as Exhibit 10.1 to Tsakos Energy Navigation Limited s Registration Statement on Form F-1 (Registration no. 333-82326), and incorporated by reference thereto)
5	Opinion of Mello Jones & Martin
23.1	Consent of Mello Jones & Martin (included in its opinion filed as Exhibit 5 to this Registration Statement)