# J2 GLOBAL COMMUNICATIONS INC

Form 144 July 30, 2002

							OMB APPROV	
		UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549  FORM 144				OMB Number:   Expires: Aug   Estimated averag   hours per respon		
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		ronm 144					DOCUMENT S	
			OPOSED SALE OF 4 UNDER THE SEC	SECURITIES CURITIES ACT OF 1933			+	
		with a b	ntly with eithe	er placing an order te sale or executing			+	
1	(a)	NAME OF ISSUER (Please t	ype or print)			(b) IRS	IDENT. NO.	
		J2 Global Communications,					)371142	
1	(d)	ADDRESS OF ISSUER						
		6922 Hollywood Blvd., Sui	te 800	Hollywood	California	. 90	0028	
2	(a)	NAME OF PERSON FOR WHOSE		CURITIES ARE TO BE SO				
		Michael J. G. Gleissner						
2	(d)			CITY				
		601A Kinwicke Centre 32 Hollywood Road, Centr	al Hong Kong					

3(a)	(b)	SEC USE ONLY	(c)	(d)	(e)
Title of the	Name and Address of Each Broker		Number of	Aggregate	Numb
Class of	Through Whom the Securities are	Broker-Dealer	Shares	Market	Sha

INSTRUCTION: The person filing this notice should contact the issuer to obtain

the I.R.S. Identification Number and the S.E.C. File Number.

Class of Through Whom the Securities are Broker-Dealer Shares Market
Securities to be Offered or Each Market Maker File Number or Other Value
To Be Sold who is Acquiring the Securities Units (See instr.

To Be Sold 3(d))

or C

Outst

Common Stock	E*Trade Securities, Inc. PO Box 8160 Boston, MA 02266-8160	94,279	1,555,603.50 7/24/02	10,7

### INSTRUCTIONS:

- 1.(a) Name of Issuer
  - (b) Issuer's I.R.S. Identification Number
  - (c) Issuer's S.E.C. file number, if any
  - (d) Issuer's address, including zip code
  - (e) Issuer's telephone number, including area code
- 2.(a) Name of person for whose account the securities are to be sold
  - (b) Such person's I.R.S. identification number, if such person is an entity
  - (c) Such person's relationship to the issuer (e.g., officer, director, 10% stockholder, or member of immediate family of any of the foregoing)
  - (d) Such person's address, including zip code
- 3.(a) Title of the class of securities being sold
  - (b) Name and address of each broker through whom the securities are intended to be sold
  - (c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)
  - (d) Aggregate market value of the securities to be sold as of a specified date within 10 days prior to the filing of this notice
  - (e) Number of shares or other units of the class outstanding, or if debt securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer
  - (f) Approximate Date on which the securities are sold
  - (g) Name of each securities exchange, if any, on which the securities are intended to be sold

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1147 (10-00)

(See instr.

3(c))

(See

## TABLE I -- SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Title of Date You Name of Person from Whom Acquired the Class Acquired Nature of Acquisition Transaction (If gift, also give date donor acquired

2

Common	11/23/01	Public Market
Common	10/24/01	Public Market
Common	11/12/01	Public Market
Common	11/08/01	Public Market
Common	11/07/01	Public Market
Common	11/05/01	Public Market
Common	9/24/01	Public Market
Common	10/25/01	Public Market
Common	11/07/01	Public Market

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#### INSTRUCTIONS:

- 1. If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.
- 2. If within two years after the acquisition of the securities the person for whose account they are to be sold had any short positions, put or other option to dispose of securities referred to in paragraph (d)(3) of Rule 144, furnish full information with respect thereto.

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TABLE II -- SECURITIES SOLD DURING THE PAST 3 MONTHS
Furnish the following information as to all securities of the issuer sold
during the past 3 months by the person for whose account the securities
are to be sold.

Name and Address of Seller Title of Securities Sold Date of Sale

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#### **REMARKS:**

## INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

### ATTENTION:

The Person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly

7/30/02

DATE OF NOTICE

/s/ Michael Gleissner

(SIGNATURE)

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed. Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001).

SEC 1147(10-00)