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CHANG JO	SEPH Y											
Form 4	010											
March 06, 2												
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									APPROVAL 3235-0287			
Check th if no lon subject t Section Form 4 o Form 5 obligatio	rsuant to Se	CHAN ection 1	GES IN SECUE	BENER RITIES	FICLA	Exchang	TNERSHIP OF ge Act of 1934,	SHIP OF Estimated burden hou response				
may con <i>See</i> Instr 1(b).	tinue. Section 170			tility Hol ivestment	•	-	•	f 1935 or Sectio 40	on			
(Print or Type	Responses)											
1. Name and A CHANG JC		Symbol NU SK	r Name and IN ENTE			-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
			[NUS]									
(Last) C/O NU SF INC., 75 W	ES,		f Earliest T Day/Year) .019	ransaction	I		Director 10% Owner X Officer (give title Other (specify below) below) Chief Scientific Officer					
				endment, D nth/Day/Yea	-	al		 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting 				
		(7:)						Person				
(City)	(State)	(Zip)	Tab	le I - Non-l	Derivative	e Secu	rities Ac	quired, Disposed	of, or Benefic	ially Owned		
1.Title of Security (Instr. 3)	Security (Month/Day/Year) Execution Date, if			3. Transactic Code (Instr. 8)	4. Securi or(A) or D (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Class A Common Stock	03/04/2019			Code V F	Amount 331 (1)		Price \$ 59.74	(Inst. 3 and 4) 64,408	D			
Class A Common Stock								65,000 <u>(2)</u>	Ι	Held in irrevocable family trust		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I any (Month/Day	Date, if	4. Transac Code (Instr. 8	5. of Deriv Secur Acqui (A) of Dispo of (D) (Instr. 4, and	ative ities ired r osed) . 3,	Expiration Date (Month/Day/Year) e		Amor Unde Secur	le and unt of rlying rities r. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
Repo	rtina O	owners			Code	V (A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		
Repor	ting Owner N	Name / Address	Relationships										
			Director	10% O	wner (Officer			Other				

Chief Scientific Officer

Date

CHANG JOSEPH Y C/O NU SKIN ENTERPRISES, INC. 75 WEST CENTER STREET PROVO, UT 84601

Signatures

/s/ Gregory Belliston as Attorney-in-Fact for Joseph Y. 03/06/2019 Chang

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares withheld to cover tax withholding obligations related to the vesting of previously granted restricted stock units.
- (2) This report should not be deemed an admission that the Reporting Person is the beneficial owner of such securities for purpose of Section 16 or for any other purpose.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.