

KALVIN GREGGORY

Form 4

October 20, 2004

**FORM 4****UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

Check this box  
if no longer  
subject to  
Section 16.  
Form 4 or  
Form 5  
obligations  
may continue.  
*See* Instruction  
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF  
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,  
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section  
30(h) of the Investment Company Act of 1940

## OMB APPROVAL

OMB  
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2005  
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burden hours per  
response... 0.5

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
**KALVIN GREGGORY**

(Last) (First) (Middle)

**C/O J2 GLOBAL  
COMMUNICATIONS, INC., 6922  
HOLLYWOOD BLVD SUITE 500**

(Street)

**LOS ANGELES, CA 90028**

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading  
Symbol

**J2 GLOBAL COMMUNICATIONS  
INC [JCOM]**

3. Date of Earliest Transaction  
(Month/Day/Year)  
**10/19/2004**

4. If Amendment, Date Original  
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to  
Issuer

(Check all applicable)

\_\_\_\_ Director \_\_\_\_ 10% Owner  
\_\_\_\_X\_\_\_\_ Officer (give title below) \_\_\_\_ Other (specify below)  
**Chief Accounting Officer**

6. Individual or Joint/Group Filing(Check  
Applicable Line)  
\_\_\_\_X\_\_\_\_ Form filed by One Reporting Person  
\_\_\_\_ Form filed by More than One Reporting  
Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
Common Stock, \$0.01 par value	10/19/2004		S <sup>(1)</sup>	1,000 D	\$ 30.35 970	D	
Common Stock, \$0.01 par value	10/19/2004		S	100 D	\$ 30.37 970	D	
Common Stock,	10/19/2004		S	200 D	\$ 30.38 970	D	

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\$0.01 par  
value

Common  
Stock,  
\$0.01 par  
value

10/19/2004

S

100

D

\$  
30.41

970

D

Common  
Stock,  
\$0.01 par  
value

10/19/2004

S

700

D

\$  
30.45

970

D

Common  
Stock,  
\$0.01 par  
value

10/19/2004

S

300

D

\$ 30.5

970

D

Common  
Stock,  
\$0.01 par  
value

10/19/2004

S

100

D

\$  
30.52

970

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
Option to purchase Common Stock	\$ 13.75	10/19/2004		X	2,500	05/08/2004 05/08/2014	Common Stock, \$0.01 par value	2,500

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
KALVIN GREGGORY C/O J2 GLOBAL COMMUNICATIONS, INC. 6922 HOLLYWOOD BLVD SUITE 500 LOS ANGELES, CA 90028			Chief Accounting Officer	

## Signatures

/s/ Gregory  
Kalvin 10/20/2004

\*\*Signature of  
Reporting Person Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Employee stock option granted for services rendered, no value placed on services rendered.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.  
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