SARATOGA RESOURCES INC /TX Form 8-K November 16, 2010

# SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

#### FORM 8-K

# CURRENT REPORT Pursuant to Section 13 or 15(d) of the

Securities Exchange Act of 1934

Date of report (Date of earliest event reported): November 16, 2010

### SARATOGA RESOURCES, INC.

(Exact name of registrant as specified in Charter)

Texas 0-27563 76-0314489

(State or other jurisdiction of (Commission (IRS Employer Identification No.)

incorporation or organization) File No.)

7500 San Felipe, Suite 675

Houston, Texas 77063 (Address of Principal Executive Offices)(Zip Code)

713-458-1560 (Issuer Telephone number)

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligations of the registrant under any of the following provisions (see General Instruction A.2. below):

- o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

o	o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))				
o	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))				

Item 7.01
Regulation FD Disclosure.
Item 2.02
Results of Operations and Financial Conditions.
The following information is furnished pursuant to both Item 7.01 and 2.02.
On November 16, 2010, Saratoga Resources, Inc (the Company ) reported its 2010 third quarter results. A copy of the news release is attached by reference as Exhibit 99.1.
The Company has previously scheduled a teleconference call with investors on Tuesday, November 16, 2010, at 9:00 a.m. ET to discuss its third quarter 2010 results.
Information included in this report, and in Exhibit 99.1, shall not be deemed filed for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the Exchange Act ), or incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act, except as expressly set forth by specific reference in the filing.
The press release furnished as an exhibit to this report includes forward-looking statements within the meaning of the Securities Act of 1933 and the Exchange Act. Such forward-looking statements are subject to certain risks and uncertainties, as disclosed by the Company from time to time in its filings with the Securities and Exchange Commission. As a result of these factors, the Company s actual results may differ materially from those indicated or implied by such forward-looking statements. Except as required by law, we disclaim any obligation to publicly update or revise forward looking statements after the date of this report to conform them to actual results.
Item 9.01.
Financial Statements and Exhibits.
(d)
Exhibits

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Press release, dated November 16, 2010

### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this Report to be signed on its behalf by the undersigned hereunto duly authorized.

### SARATOGA RESOURCES, INC.

Dated: November 16, 2010 By: /s/ Thomas F. Cooke

Thomas F. Cooke

Chief Executive Officer