CARR THOMAS A

Form 5

January 24, 2006

FORM 5

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

3235-0362 Number: January 31,

1.0

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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

Reported 30(h) of the Investment Company Act of 1940 Form 4

Transactions Reported

1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to Issuer **CARR THOMAS A** Symbol CARRAMERICA REALTY CORP (Check all applicable) [CRE] (Middle) 3. Statement for Issuer's Fiscal Year Ended (Last) (First) _X_ Director 10% Owner _X__ Officer (give title (Month/Day/Year) Other (specify below) below) 12/31/2005 CEO 1850 K STREET, NW, SUITE 500 (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Reporting Filed(Month/Day/Year) (check applicable line)

WASHINGTON,, DCÂ 20006

X Form Filed by One Reporting Person Form Filed by More than One Reporting

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securiti	ies		5. Amount of	6. Ownership	7. Nature of
Security	(Month/Day/Year)	Execution Date, if	Transaction	Acquired	(A) o	r	Securities	Form: Direct	Indirect
(Instr. 3)		any	Code	Disposed	of (D)	Beneficially	(D) or	Beneficial
		(Month/Day/Year)	(Instr. 8)	(Instr. 3, 4	and and	5)	Owned at end	Indirect (I)	Ownership
					(4)		of Issuer's	(Instr. 4)	(Instr. 4)
					(A)		Fiscal Year		
					or		(Instr. 3 and 4)		
				Amount	(D)	Price			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Derivative	Expiration Date	of Underlying
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	Securities
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired (A)		(Instr. 3 and 4)

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	Derivative Security				of (D (Instr	or Disposed of (D) (Instr. 3, 4, and 5)				
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Limited Partnership Units(right to redeem)	Â	06/30/2005	Â	G	Â	300	(2)	(3)	common	300
Limited Partnership Units (right to redeem)	Â	06/23/2005	Â	G	Â	2,379	(2)	(3)	common	2,379
Limited Partnership Units (right to redeem)	Â	12/12/2005	Â	G	Â	755	(2)	(3)	common	755
Limited Partnership Units (right to redeem)	Â	12/27/2005	Â	G	Â	1,006	(2)	(3)	common	1,006
Limited Partnership Units (right to redeem)	Â	12/29/2005	Â	G	Â	338	(2)	(3)	common	338

Reporting Owners

**Signature of Reporting Person

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
CARR THOMAS A 1850 K STREET, NW, SUITE 500 WASHINGTON,, DC 20006	ÂΧ	Â	CEO	Â			
Signatures							
Ann Marie Pulsch, as power of attorney	0	1/24/2006					

Reporting Owners 2

Date

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Reported securities are units of limited partnership interent in Carr Realty Holdings, L.P. of which the listed corporation is the general
- (1) partner. Each unit is redeemable for cash or at the general partner's discretion one share of common stock for each limited partnership unit.
- (2) Units were redeemable immediately upon issuance in 1993.
- (3) The units of limited partnership have no expiration date.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.