Mauro Douglas W Form 4 September 22, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

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Check this box if no longer subject to Section 16.

Section 16.
Form 4 or
Form 5

obligations

Section 17(a) of the P.

Form 5 obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Mauro Douglas W	2. Issuer Name and Ticker or Trading Symbol IDT CORP [IDT,IDT.C]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) (First) (Middle)	3. Date of Earliest Transaction			
C/O IDT CORPORATION, 520 BROAD STREET	(Month/Day/Year) 09/21/2009	Director 10% Owner _X_ Officer (give title Other (specify below) Chief Tax Officer		
(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line)		
NEWARK, NJ 07102		_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State) (2	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities on Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership	
		, , , , , , , , , , , , , , , , , , ,	Code V	(A) or Amount (D) Price	Following Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)	
Class B Common Stock					1,692 (1)	I	By 401(k) Plan	
Class B Common Stock					3,181 (2)	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number proof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisab Date (Month/Day/Year	-	7. Title and A Underlying S (Instr. 3 and	Securit
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Shar
Employee Stock Option (right to buy)	\$ 28.3125	12/17/2009		A	1,666	01/01/2002	12/31/2014(3)	Class B Common Stock	1,6
Employee Stock Option (right to buy)	\$ 26.5545	12/17/2009		A	6,666	04/01/2004(4)	04/04/2016(5)	Class B Common Stock	6,6

Reporting Owners

Reporting Owner Name / Address	Relationships
Reporting Owner Name / Address	

Director 10% Owner Officer Other

Mauro Douglas W C/O IDT CORPORATION 520 BROAD STREET NEWARK, NJ 07102

Chief Tax Officer

Signatures

Joyce J. Mason, by Power of

Attorney 09/22/2009

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) As of August 31, 2009.
- (2) Shares of Restricted Stock, all of which are vested.
- (3) Previously granted to the Reporting Person on January 1, 2000. On September 17, 2009, the expiration date to exercise such Employee Stock Option was extended from December 31, 2009 to December 31, 2014.

Reporting Owners 2

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- (4) 3,333 of these options vested on April 1, 2003 and 3,333 of these options vested on April 1, 2004.
- (5) Previously granted to the Reporting Person on April 5, 2001. On September 17, 2009, the expiration date to exercise such Employee Stock Option was extended from April 4, 2011 to April 4, 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.