#### CAPITAL CITY BANK GROUP INC

Form 4

Common

Common

Common

Stock

Stock

Stock

September 11, 2013

september i	1, 2013									
<b>FORM</b>	ПΔ									PPROVAL
	UNITED	STATES			AND EX , D.C. 20		NGE C	COMMISSION	OMB Number:	3235-0287
Check the if no lon	ger								Expires:	January 31,
subject to Section Form 4 of	IENT OF	F CHANGES IN BENEFICIAL OWI SECURITIES					NERSHIP OF	Estimated a burden hou response	~	
Form 5 obligation may con <i>See</i> Instraction 1(b).	ons tinue. Section 17(a	a) of the F	Public Ut	tility Hol		npan	y Act of	e Act of 1934, 1935 or Sectio	n	
(Print or Type	Responses)									
1. Name and A	2. Issuer Name <b>and</b> Ticker or Trading Symbol					5. Relationship of Reporting Person(s) to Issuer				
			CAPITA INC [Co		BANK	GRO	UP	(Chec	k all applicable	e)
(Last) P.O. BOX 9	, , ,		3. Date of (Month/D 09/10/20	ay/Year)	ransaction			_X_ Director _X_ Officer (give below)	e title Other	Owner er (specify
1.0. 0011	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		07/10/20	013					Treasurer	
	(Street)			ndment, D nth/Day/Yea	ate Origina	ıl		6. Individual or Jo Applicable Line) _X_ Form filed by O		
TALLAHA	SSEE, FL 32302							Form filed by N Person	More than One Re	eporting
(City)	(State)	(Zip)	Tabl	e I - Non-l	Derivative	Secur	ities Acq	uired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Month/Day/Year) 2A. Deemed Execution Date any (Month/Day/Y		Date, if	Code (Instr. 3, 4 and 5) ar) (Instr. 8)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
~				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock	09/10/2013			S	300	D	\$ 11.92	149,687	D	
Common Stock								28,906	I	Wife - Jane

Trustee -

Elizabeth

Trustee -

Rebecca

Trustee -

Anne

5,000

4,500

4,000

I

I

I

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Common Stock	8,549.048	I	401(k) Plan
Common Stock	2,000	Ι	Trustee - Ellen Mettler Moose Head Ranch Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (Instr.	8)	5. nNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)
				Code	V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
BARRON THOMAS A P.O. BOX 900 TALLAHASSEE, FL 32302	X		Treasurer				

## **Signatures**

/s/Thomas A. Barron	09/10/2013	
**Signature of Reporting Person	Date	

Reporting Owners 2

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### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.